



Language
Career Skills
Family & Youth
Current Interests
Health, Physical Fitness
Educational & Cultural Trips

Classes start in October Register NOW

Fall **2009**

Online registration available at ww-p.org

WEST WINDSOR - PLAINSBORO COMMUNITY EDUCATION

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Welcome

- New -Online Registration is Available for Fall 2009 Adult Program at ww-p.org

to the West Windsor-Plainsboro Community Education Fall Adult Program. Our adult school provides a comprehensive range of learning experiences for people of all ages. Our courses/programs are open to residents and non residents who are interested in broadening their interests and obtaining new skills. Our instructors are qualified professionals who take pride in sharing their talents and knowledge. We hope that you take advantage of our courses and enroll early! Courses fill up quickly or they may be cancelled if enrollment is insufficient. Your input is also vital to our success. We welcome your requests for a particular course and/or would encourage you to offer your special talents as a lifelong educator.

Marci Rubin, Director Diane Taylor, Adult Program Coordinator

CAREER SKILLS

*HOW WOULD YOU LIKE TO BE A TEACHER?

This seminar is designed for individuals who are contemplating a career change or recent college graduates who remain uncertain about a profession, Detailed information regarding the current procedures necessary to obtain a teaching position in New Jersey without possessing a teaching certificate, as well as how to obtain a teaching certificate while employed as a teacher in one of a number of many subject areas will be covered. Various teaching options, required test-



ing, employment prospects by academic subject, locations within the state where positions are generally available and detailed guidelines for the individual to utilize if he/she decides to make the transition into the teaching position will also be discussed. Instructor: John R. Carson, former principal Bordentown Regional School District

HS-S Room 900B \$60 1 class October 13 6:45-9:15 pm

JOB HUNTING 101: RESUME WRITING AND INTERVIEWING SKILLS

Job hunting in a tough economy? Marketing yourself effectively must include a wellwritten resume and sharp interviewing skills. This workshop helps you achieve both. You will learn how to make your resume and yourself stand out from the competition. Bring your current resume and lots of questions. The instructor's background includes writing over 1500 resumes for clients nationwide.

Instructor: Ozana Castellano, Communications Specialist

3 weeks HS-S Room 700F \$40 Starts October 19 7-9 pm

POWER AT YOUR FINGERTIPS: Write Correctly for Success!

Instantly improve all your written documents with correct grammar, punctuation and word choice. This lively course is brimming with relevant exercises in topics such as commas, semicolons, apostrophes, quotation marks, fragments, run-on sentences, pronouns, verb-subject agreement, redundant phrases, words misused/abused, etc. We will also cover writing styles for e-mails and letters. If you have long forgotten these essential language skills, this course is your perfect "pick-me-up"!

Instructor: Ozana Castellano, MBA, Communications Specialist

5 weeks

W HS-S Room 700E

\$75

7-9 pm Starts October 7

COMPUTERS

*EXCEL: INTRODUCTION

Learn to create, edit, save and format a spreadsheet, a graph/business chart and a database. Students must have experience using Windows. Limited enrollment.

Instructor: James Fraunberger, computer consultant.

6 weeks W HS-S Room 103 \$98 + \$27 materials Starts October 7 7-8:30 pm

*EXCEL: INTERMEDIATE

Learn to streamline repetitive tasks, display spreadsheet data in more visually effective ways and enhance your spreadsheet with templates, charts, graphics and formulas. Prerequisite: Introductory Excel class

Instructor: James Fraunberger, computer consultant.

3 weeks W HS-S Room 103 \$54 + \$27 materials Starts November 18 7-8:30 pm

*I JUST BOUGHT A COMPUTER....NOW WHAT DO I DO WITH IT?

Did you just buy a computer and don't know what to do with it? This basic class will teach you how to open programs, save data, send and receive e-mails and use the mouse and keyboard. You will also learn how to navigate the internet and search for information. Each class will start with a question and answer session and will be geared toward the novice. Don't let the computer intimidate you. This "user friendly" class will make the computer a useful item in your home.

Instructor: **James Fraunberger**, computer consultant

5 weeks T HS-S Room 103 \$80 + \$27 materials Starts October 13 7-9 pm

*MICROSOFT WORD: BEGINNERS

For students with little or no previous experience in Word for Windows. Some familiarity with the computer keyboard is required. Students will learn to use the Microsoft Word menus, toolbars and scrollbars; insert, format and edit text; change tabs and margins; and create bulleted or numbered lists, tables and labels. Limited enrollment. *Instructor:* James Fraunberger, computer consultant

4 weeks M HS-S Room 103 \$72 + \$27 materials Starts October 12 7-8:30 pm

*MICROSOFT WORD: INTERMEDIATE

For those who have had an introductory course for Word for Windows or who have learned the basic skills on the job. Students will learn to use templates, insert graphics, create columns and address cards within a document, merge data with documents, create and edit styles and macros and be introduced to Internet basics.

Instructor: **James Fraunberger**, computer instructor.

4 weeks M HS-S Room 103 \$72 + \$27 materials Starts November 9 7-8:30 pm

POWERPOINT: Beginners

Learn how to create professional presentations using Microsoft Powerpoint. We will learn how to insert and delete slides, work with templates and insert sounds and video. Using animation to enhance the presentation, we will learn how to create a self running kiosk to promote products or services. Basic knowledge of Microsoft Word is helpful but not required.

Instructor: **James Fraunberger,** computer consultant

5 weeks Th HS-S Room 103 \$80 + \$27 materials Starts October 15 7-8:30 pm

***SURF'S UP: NAVIGATING THE INTERNET**

This class will feature hands on demonstrations and activities to help make your Internet experience more productive and user friendly. We will use Internet Explorer and Mozilla Firefox to surf the web. Using the major search engines such as Google, Yahoo, Ask, and Lycos you will become a savvy internet surfer. We will also learn how to set up a web based email account, search for images, shop online safely and change settings to make the text larger to help with tired eyes or late night online reading.

Instructor: **James Fraunberger**, computer consultant

3 weeks T HS-S Room 103 \$49 + \$22 materials Starts November 17 7-8:30 pm

***ON-LINE CLASSES**

Now, on your own schedule and at your own pace, you can take enrichment classes from the comfort of your home or office. These exciting, dynamic classes use the latest web technologies to bring you educational, informative and thought-provoking experiences. You will be able to read lessons, participate in tutorials, hold interactive discussions and meet online with the instructor and your fellow students in the on-line classroom. The classroom is open 24 hours per day. Classes get underway on:

- September 29 to November 12
- December 1 to January 14, 2010

*1. TELECOMMUTING - WORKING FROM HOME

\$55

Tired of dropping your kids at daycare and fighting bumper-to-bumper traffic only to suffer through another day in a stress-filled environment? See if telecommuting could be for you.

*2. CONFRONTING FINANCIAL FEAR AND WORRY

75

Are the wheels starting to come off your emotions due to financial worries? Learn what you can do to help you deal with your concerns.

*3. PARENTING YOUR PARENTS

555

Do you feel overwhelmed by the prospect of caring for your aging parents? Get the A to Z's of parent care.

*4 WOMEN AND MONEY - TAKING CHARGE

\$55

Do you want to sharpen your money skills. Learn the ways to manage for yourself and your family and prepare yourself for total independence.

*5. HOW TO EARN A LIVING AS A FREELANCER

\$65

Do you fear being downsized? Millions prosper as independent contractors. Learn step-by-step techniques and strategies.

When we receive your registration you will be sent information on how to access and begin your class.

CURRENT INTERESTS

*ACCOMPLISHMENT WORKSHOP:

CREATING POSITIVE LIFE CHANGES IN TODAY'S ECONOMY

Are you looking to change the direction of your life? If so, our workshop will explain how you can take charge of your life and the circumstances that surround it. Create a positive state of mind while letting go of your fears and resistance. Learn how your attitude and thoughts affect your intended results and how communication, commitment and persistence play a key role in achieving your goals. You will gain effective ways to manage, produce and create powerful results while maintaining a necessary balance in your life. Take the first step in taking charge of your life....we will assist you! *Instructor:* Panic Relief, Inc.

1 class W HS-S Room 505 \$29 October 28 7-8:30 pm

BASIC AUTOMOTIVE SAFETY CHECK - Great for New Drivers

Prevent problems before they start. Learn how to change a tire, check your car's fluids, test your antifreeze and tire pressure, clean and maintain your battery, check

and replace your air filter and check and replace fuses. Instructor: Pasquale Marcattilio, professional driver

1 class T HS-S Commons I \$20 September 22 6-8 pm

*CHAIR CANING AND RUSH SEATING

Learn the basics of hand woven cane, pressed cane and fiber rush. Bring your chair to the first class (if the furniture requires any refinishing or regluing, please complete this prior to the first class). Materials will be ordered for each student individually at an approximate cost of \$20. Please contact the teacher at 609-721-3823, prior to the first class to discuss your project, address any questions and order supplies so materials will be ready your first night. Limited enrollment. *Instructor:* **Sandra Holland**, has taught caning and rushing previously.

8 weeks W CMS Room 503 \$84 Starts October 14 7-9 pm

*DREAMS

As you discover meanings of symbols, unlock the messages you receive during sleep and while you're awake. Learn what our dreams tell us in each cycle of dreaming! *Instructor:* **Elaine Billy**, master hypnocounselor, gifted psychic, healer and metaphysician has conducted workshops country wide.

1 class W HS-S Room 505 \$65 November 18 7-10 pm

GOLF INSTRUCTION

All classes taught by teaching professionals through Mercer County Golf Academy.

*ADULT GROUP INTRODUCTION TO GOLF

This program provides an introduction to all aspects of golf for those who have never played and those with very limited experience. 8 lessons

Session A - Tues. & Friday: 11 am to 12 noon

September 8 – October 2 -- or October 6 – October 30 -- or November 3 – December 1

Session B - Thurs. 5:30 To 6:30 pm &

Saturday 11 am - 12 noon

September 10 – October 3 -- or

October 8 - 31 -- or

November 5 – December 5

FEE: \$165 per student per session.

Classes meet at Princeton Country Club, 1 Wheeler Way,

Princeton, NJ 08540

*ADULT GROUP INTERMEDIATE GOLF INSTRUCTION

Designed for those who are now playing golf and want to improve their skills. 5 lessons

Thursdays, 6:30 to 7:30 pm September 10 – October 8 -- or October 15 – November 12

FEE: \$165 per student per session

Classes meet at Princeton Country Club, 1 Wheeler Way, Princeton, NJ 08540

*PARENT/CHILD GROUP INTRODUCTION TO GOLF

This unique program is set up to teach the parents to teach the children. 4 lessons

Sundays, 10 am to 11 am

September 6 – September 27 or October 4 – October 25 or November 1 -November 22

FEE: \$160 per parent/child + \$70.00 for each additional child per session.

Classes meet at Princeton Country Club, 1 Wheeler Way, Princeton, NJ 08540

***ONE DAY 2 HOUR SHORT GAME CLINIC**

The short game clinics focus on Putting, Chipping, Pitching and Bunker Play.

Saturdays, 12 noon to 2 pm September 19 or October 17

FEE: \$50.00 per person per event

At Mercer Oaks Golf Course, 725 Village Road West, West Windsor, NJ 08550

*HORSING AROUND

Horseback riding classes are available for adults and children at all levels at Double M Stables. Group lessons are limited to not more than four students per class. The first class is a private half-hour evaluation. The following group lessons are one hour. Lesson times are available from 8 am to 7 pm, seven days a week. Riders are required to wear jeans or proper English riding attire and hard-soled shoes with a small heel (no sneakers, boat shoes or cowboy boots). For safety reasons, a hard hat is provided for the first lesson. Riders are required to purchase their own helmet, which you can buy at the stable or elsewhere. If the rider decides not to continue after the first five lessons, Double M will sell the

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helmet (if bought there) on consignment. An indoor arena for year-round riding is now available. Send your registration and tuition to WW-PCE. Double M will contact you to arrange your hours. 5 lessons by appointment.

Instructor: Double M Stables, 1203 Windsor Road, Hightstown

*MAH JONGG FOR BEGINNERS

Have you ever wanted to learn to play Mah Jongg? This is your chance. Mah Jongg is a Chinese game of tiles, generally played by 4 people. The class will play the American version of the game, which follows the National Mah Jongg League rules. The class will learn to identify the tiles, how to read the card, how to develop a hand and identify strategies to play the game. Mah Jongg is both simple and complex but above all fun; competitive and social – and not just for old ladies!

Instructor: **Loretta Cooper**, has taught many people to play.

6 weeks T HS-S Room 300 \$57 + 8 materials Starts October 6 7-9 pm

*MAH JONGG PLUS

Do you know the basics of mah jongg but haven't played in a while? Perhaps you are a little rusty on the rules? Are you a beginner who would like some tips on strategy and hand development? In this course we will review rules and refine strategy and get in lots of play. Bring your new 2009 National Mah Jongg League card with you.

Instructor: Loretta Cooper, experienced mah jongg player and teacher

4 weeks T HS-S Room 300 \$36 Starts November 17 7-9:30 pm

MEDITATION AND MANTRA FOR BEGINNERS

Explore and experience the benefits of meditation and mantra, which are known to reduce stress and blood pressure and sharpen mental focus and clarity. We will explore techniques such as breath awareness, visualization, spoken or sung mantra, and silent mantra. CDs will be suggested to support your practice and together we will develop a take-home meditation that's right for you.

Instructor: **Cynthia Yoder**, has been practicing and studying meditation for over 15 years and brings lightness and humor in teaching this ancient practice. Visit her website, www.cynthiayoder.com.

4 weeks M HS-S Room 504 \$40 Starts October 5 7-8:30 pm

*PANIC AND ANXIETY WORKSHOP: AN OVERVIEW

Do you or someone you know suffer from frequent panic attacks? Individuals who suffer from anxiety and panic attacks often experience overwhelming fear and consequently go through life anticipating a future attack. Anticipatory anxiety can lead to avoiding certain situations. This is known as agoraphobia. Our workshop is geared to help anyone suffering from the effects of panic, anxiety and agoraphobia. It is beneficial both to those experiencing panic and anxiety first hand as well as family and friends who support those suffering from panic and anxiety. You will learn how attitudes and current thoughts affect panic and anxiety and how you can take charge of your life as well as the circumstances that surround it. Effective ways of communicating with others while feeling at ease with yourself will be demonstrated. Finally, you will learn how to create and maintain a balanced and healthy lifestyle.

Instructor: Panic Relief, Inc.

1 class W HS-S Room 506 \$29 October 7 7-8:30 pm

*PAST LIFE REGRESSION

Unlock knowledge to help explain relationships, roles, experiences, career choices, health conditions, economic standards, beliefs, likes and dislikes. By opening windows of the past, one can accept responsibilities, find answers, free yourself of limitations, enhance skills, heal the present, explore ... resolve ... heal ... and enjoy the trip.

Instructor: Elaine Billy, master hypnocounselor, psychic, healer and metaphysician.

1 class W HS-S Room 505 \$65 November 11 7-10 pm

*PSYCHIC READINGS

Intuition is a psychic gift we all have. Elaine's belief is that "Everyone has psychic abilities, but we utilize them differently." Using her gift, palmistry, the tarot, clairvoyance, clairaudience and clairessence, she provides personalized readings. Receive a private 20-minute session. Workshop limited to 10 students. Please indicate on your registration form what hour you would like to attend (6-7pm, 7-8pm, 8-9pm).

Instructor: Elaine Billy, master hypnocounselor, gifted psychic, healer and metaphysician.

1 class W HS-S Room 505 \$65

October 28 6-7, 7-8 or 8-9 pm

*ROADSIDE BICYCLE MAINTENANCE

This easy class will give you the confidence to take that longer bicycle ride, You will be introduced to your basic tools and equipment and how to use them; how to repair a flat tire; how to re-install a chain; how to overcome a bent wheel on a ride (to get you home), plus have your questions answered.

Instructor: Van Delfino, Bicycle Rack, Hightstown.

1 class W HS-S Room 900C \$20 October 14 7-8:30 pm

*REMEMBER WHAT YOU STUDY

Were you never really taught HOW to study in school ... only what to study? Maybe that's why remembering what you studied was often so difficult. Well now you can do well, VERY well. It takes only an hour to learn and it's easy to do. You can get super performance with this completely field-tested and easy to use scientific study breakthrough. Learn a simple, scientific method to remember 95% to 100% of what you study! It's HOW you study, not how hard you study, that makes the difference. You may even be able to cut your study time in half—and STILL get better grades and performance! Study in the

way your brain naturally works and you <u>WILL</u> remember! <u>PLEASE BRING A COMFORTABLE SEAT CUSHION TO CLASS</u>. A materials fee of \$20.00 per person (no family or spouse combinations) is due, payable to instructor in night of class.

Instructor: Stephan M. Hawley, Personal Enrighment Programs

1 class Th HS-S Room 506 \$50 October 15 7-8:30 pm

*SEAT WEAVING

Learn the basics of patterned weaving using binder cane, flat reed and wood splint, or shaker tape. If the furniture requires any refinishing or regluing please complete this prior to the first class. Materials will be ordered for each student individually at the approximate cost of \$35. Please contact the teacher prior to the first class to discuss your project, address any questions and order supplies so materials will be ready for your first night. 609-721-3823. *Instructor*: **Sandra Holland** has taught previously.

8 weeks T CMS Room 503 \$80 Starts October 13 7-9 pm

CALL WEST WINDSOR-PLAINSBORO
COMMUNITY EDUCATION
FOR MORE INFORMATION
716-5000 ext. 5034

*"SPEAK WITH POWER" PUBLIC SPEAKING PROGRAM

Our natural ability to prepare and deliver speeches is regularly practiced in our daily conversations with one another. This course heightens awareness of these innate gifts by identifying, from a listener's point of view, their strengths and weaknesses. Through the process of coaching evaluation and feedback, participants transform their ordinary speaking ability into a dynamic communication skill. The *Speak with Power* program channels the communication energy used during speech preparation and delivery so that participants learn to prepare speeches easily, overcome fear and nervousness, maintain audience attention, develop self-confidence and persuade listeners to action. *Instructor.* **Tim Brown**, a public speaking coach with over 30 years of public speaking and training experience, has helped to empower corporate executives, college students, adult learners and children.

6 weeks T HS-S Room 92 \$60 Starts October 13 7-8:30 pm

*SURVIVING THE DIVORCE PROCESS

Confusion. Fear. Anger. Depression. Anxiety. These are all normal emotions for someone who is considering separation or divorce. During separation and divorce couples must make some of the most important decisions in their lifetime. An Alpha Center Attorney-Mediator will discuss and offer clarity on many of the legal, financial and practical matters that must be considered by both individuals. This informational class will also discuss divorce mediation as an alternative to litigation.

Instructor: Attorney-Mediator for Alpha Center for Divorce Mediation

 1 class
 Th
 HS-S Room 503
 \$25

 November 12
 7-9pm

UPHOLSTERY

While learning the craft of upholstery, students can restore an old chair using techniques and materials that are timeless and enjoy the heirloom that they create. It is the upholstery and soft furnishings that are the most important in creating the ambiance of a room. Students are strongly advised that their first attempt should be more substantial than a footstool. Please bring the project to the first class together with a tack hammer and an old flat-head screwdriver. Materials are not included. Limited enrollment



Instructors: Harriet Ingerslev and Carolyn Brown have many years of experience upholstering a wide variety of furniture.

9 weeks W CMS Room 503 \$90 Starts October 7 7-9 pm

YOU'RE ON THE AIR (How to Really Make it in Voice-Overs!)

Voice-overs are hot today! You don't have to be an actor to get voice-over work, but it certainly doesn't hurt! With such notable talent as James Earl Jones, Linda Hunt, and Donald Sutherland lending their voices to commercials, films and videos, one would think that it would be next to impossible to break into this field. Not so! In this class you'll learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving full or part-time business!

Dan Levine, a well-known commercial producer and Tony Award-nominated Broadway composer will discuss voice-over technique in a recorded portion of the class. Rob Sciglimpaglia, successful voice-over artist (PBS, TGI Fridays, AMD, Reebok, The Marines, GlaxoSmithKline, etc.) will introduce students to the voice-over business as a whole. He will talk about the numerous opportunities, the income potential and the all-important demo and how to have it produced. You'll step up to the microphone to do some practice recording and, best of all, hear the results!

1 class W HS-S Room 92 \$30 October 14 7-9 pm

West Windsor-Plainsboro Community Education reserves the right to limit the number of students in a class and to cancel a class due to insufficient registration.

All West Windsor-Plainsboro Community Education classes are open to all men and women regardless of race, religion, residence, or citizenship.

FAMILY and YOUTH

THE PLEASURES OF CHILDREN'S LITERATURE

What's really inside the worlds of children's literature? How do children integrate their reading into their growth? Find out more about literature for children, preschool through grade 6. Perfect for parents in bookclubs with their children.

Instructor: Sara Stoll, experienced children's librarian.

1 class T HS-S Room 601A

\$15 7-9 pm



October 20

SUZUKI MUSIC PROGRAM INSTRUCTION IN VIOLIN AND VIOLA

Would you like to share the joy of discovering the world of music with your child? WWPCE invites you to join our Suzuki Music Program. Beginners who are pre-K and K-3 are welcome, as are currently studying Suzuki students of all ages. Parents play an important role for their children by attending each lesson and coaching the child's practice. Beginners are given a 30 minute private lesson each week. Recitals and parties are planned to add to the motivation and enjoyment Music reading is taught and students can look forward to joining the school orchestras.

Our teachers are registered with the Suzuki Association of the Americas. Program Director: **Barbara Greenberg**.

Please call Diane Taylor at 716-5000 \times 5034 for registration and general information.

EFFECTIVE STUDY SKILLS

Effective study skills are considered tools necessary to achieve success in school and for learning throughout one's life. This study skills program will address areas such as attitude improvement, goal setting, organizational skills, essay writing and research methods, note-taking techniques and test preparation strategies all geared towards using time efficiently and effectively. Learn to make memory hooks and your own study guides. Understand when to skim and when to scan. Watch your motivation and performance soar.

Instructor: The Tutoring Club

2 weeks M HS-S Room 94 \$50 Starts October 26 7-8:30 pm



- Bring in your recyclables (eyeglasses, documents to be shredded, rechargeable batteries, slightly worn clothing, electronics)
- · Learn how you can make a difference
- Enjoy musical performances by WW-P North and South HS musicians

Saturday, October 3, 2009 10am-2pm

at the WW Farmers' Market Vaughn Drive off Alexander Road www.greeningwestwindsor.com

Learn

about West Windsor's Green Initiatives

50 Exhibitors

with environmental, wellness information and Green Products

Fun!

educational activities for children of all ages

West Windsor Arts Council



In-person Registration Will Be Held:

Wednesday, September 23, 6:30-8:30pm WWP High School South Clarksville Road Princeton Junction NJ

Enrich your child's mind this Fall!

WW-PCE Afterschool Enrichment Programs

Highlights

- *Available at all 1st 5th Schools
- *Classes begin the week of October 5th
- *One Hour a Week for 8 Weeks



Classes Include

- *Chess
- *Fun With Foods
- *Fit Kids
- *Plaster & Crafts
- *Clay Animation
- *Mad Science
- *Fitkids Circus
- *Creative Robotics
- *Kidz Art
- *Pottery & Clay
- *Snag Golf
- *Yoga

Register Online at www.ww-p.org

Pack your bag with enriching activities for all!

SAVE THE DATE!

Lights On Afterschool Thursday, October 22nd 6:00 p.m. – High School North

WW-PCE Child Care / Summer Fair Saturday, February 20th 9:00 a.m. – High School South

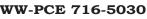
> Register online now for EDP Programs at www.ww-p.org!

Kindergarten Extension

- •AM & PM Programs
- Qualified Teachers & Aides
- •Supportive Learning Environment
- Housed In District
- Age Appropriate Activities

Before & Afterschool

- •K through 8th Grades •Full & ½ Day Programs
- •Afterschool Enrichment Programs
- •Safe, Secure Environment
- Indoor & Outdoor Play
- Homework Time
- Nutritious Breakfast & Snack
- Experienced Teachers & Staff









THE PRINCETON **EDUCATION NETWORK** Barbara Kalmus, Director

15 YEARS OF AMAZING RESULTS AT WWP!

WHAT MAKES US DIFFERENT?

A serious *academic* approach is the trademark of PEN test preparation programs.

STUDENTS WILL:

- Connect what they have been studying in school to the skills tested on the PSAT/SAT
- · Analyze performance strengths and focus on areas in need of improvement
- Master test-taking and time management strategies
- UseREAL PSAT and SAT exams
- Approach the tests with confidence and competence

We are the ONLY company at WWPHS exclusively using College Board material.

PSAT & SAT PREPARATION CHOOSE ONLY THE COURSES THAT YOU NEED!

PREPARE FOR THE PSAT & SAT (October, November, December)

PEN 9/10 M **PSAT/SAT MATH**

Thursdays, September 10 – October 22, 5:30-8 pm 17.5hours \$560

PEN 9/15 CR **PSAT/SAT READING**

Tuesdays, September 15 – October 27, 5:30-8 pm **17.5 hours** \$560

PEN 9/12 WR

GRAMMAR & ESSAY WRITING Saturdays, September 12 – October 31, 9-11:30 am 15 hours \$480

(no class on 9/19, 10/17)

THINKING OF TACKLING THE JANUARY SAT?

The January test is a great test to take. You will be able to get your score report along with your test booklet! This only happens three times a year – January, May, and October. This presents a wonderful opportunity for you to review the types of questions you missed, thereby enabling you to form a targeted study plan for the next test date.

SAT READING PEN 12/1 CR Tuesdays, December 1 – January 19, 5:30-8 pm **17.5 hours** \$560

PEN 12/3 M **SAT MATH**

Thursdays, November 19 – January 21, 5:30-8 pm **17.5 hours** \$560

PEN 12/12 WR **GRAMMAR & ESSAY WRITING**

Saturdays, December 5 – January 16, 9 am-12 noon 15 hours \$480 (no classes on: November 26, December 24,26,29,31, January 2)

> Register for two classes and receive a \$75 discount Register for three classes and receive a \$125 discount

Classes subject to change or cancellation if minimum enrollment is not met. No refunds given after the course has begun. There is a \$50 fee for cancellation before the first class. Your cancelled check is your receipt. Notification will not be sent unless there is a change to the class date or if the class is cancelled.

ALL CLASSES MEET AT WEST WINDSOR PLAINSBORO HIGH SCHOOL SOUTH, ROOM 600

Please contact us if you are interested in a small group or private tutoring for the PSAT, SAT and ACT

609.275.9880 • email: bk@princetoned.com • www.princetoned.com

SAT I? SAT II? ACT?

Are you confused about the college admissions tests? Are you wondering which are right for you? When you should take the tests? Why should you take them?

Join us on Wednesday, October 21

7:00- 8:00 pm at High School South, Room 600 We will give you all the information you need to make the best decision based on facts not on hysterical hype!! Please RSVP to: info@princetoned.com to let us know how many in your family will be attending.

KAPLAN Test Preparations and Admissions



Classes held at West Windsor/Plainsboro High School North:

Price per student: \$650 Room 208, 209, 211

Test 1 - Diagnostic	Thu., September 10	5:30 - 10 pm
Lesson 2	Tue., September 15	6 - 8:30 pm
Lesson 3	Thu., September 17	6 - 8:30 pm
Lesson 4	Tue., September 22	6 - 8:30 pm
Test 2	Thu., September 24	5:30 - 9:30 pm
Lesson 6	Thu., October 1	6 - 8:30 pm
Lesson 7	Tue., October 6	6 - 8:30 pm
Test 3	Thu., October 8	5:30 - 9:30 pm
Lesson 9	Tue., October 13	6 - 8:30 pm
Lesson 10	Thu., October 15	6 - 8:30 pm
Test 4	Tue., October 20	5:30 - 9:30 pm
Lesson 12	Thu., October 22	6 - 8:30 pm

PRINCETON REVIEW

The SAT program includes 30 hours of small group instruction and an additional 16 of practice SAT testing. The course also includes a thorough review of all math, critical reading, and writing skills



tested on the SAT. Classes held at High School North

Price per student: \$899 Room A110, A111, A113

Test -	Wed. September 9	5:30 -9:30 pm
Class -	Sat. September 12	9:00 am - 12:00 noon
Class -	Mon. September 14	6 - 9 pm
Class -	Wed. September 16	6 - 9 pm
Test -	Sat. September 19	9 am - 1 pm
Class -	Mon. September 21	6 - 9 pm
Class -	Wed. September 23	6 - 9 pm
Test -	Thu. September 24	5:30 - 9:30 pm
Class -	Sat. September 26	9 am - 12 noon
Class -	Wed. September 30	6 - 9 pm
Test -	Thu. October 1	5:30 - 9:30 pm
Class -	Sat. October 3	9 am - 12 noon
Class -	Mon. October 5	6 - 9 pm
Class -	Wed. October 7	6 - 9 pm

West Windsor-Plainsboro Community Education reserves the right to limit the number of students in a class and to cancel a class due to insufficient registration.

All West Windsor-Plainsboro Community Education classes are open to all men and women regardless of race, religion, residence, or citizenship.

FINANCIAL and LEGAL PLANNING

*ACHIEVE TRUE FINANCIAL FREEDOM: Invest in your Debt

This workshop is designed for the person who wants to lead a debt-free, stress-free lifestyle. How would you like to pay off all your consumer debt, credit cards, car payments, etc., as well as your mortgage in approximately seven to ten years without harming your credit? You can do this with your current income! Learn specific, powerful and proven strategies that work...every single time. Please bring a calculator and a list of your debts with balances and monthly payments (principal and interest only for your mortgage). During class you will develop your own debt elimination plan that can be implemented immediately. Please also bring \$14 to class for a workbook and software; an optional textbook will be available for \$47 (\$14 workbook fee waived with purchase).

Instructor: David Westwood, Debt Free Earth, has helped many people get out of debt.

1 class Th HS-S Room 900C \$39/single, \$49/couple
November 12 6:30-9 pm

BUYING AND SELLING A HOME

Learn all the legal ramifications of buying and selling a home in New Jersey. What are the buyer's rights? What are the seller's rights? Do you need a lawyer? Should you use a realtor? What are the different types of mortgages? How selling your home affects your taxes. Bring your questions to class.



Instructor: Paul Rubin, Law Offices of Paul Rubin, Robbinsville

1 class W HS-S Room 503 \$20 November 11 7-9 pm

ESTATE PLANNING FOR ALL AGES

It's never too early to make an estate plan to be sure **your** wishes are carried out. We'll discuss how a living trust operates and analyze whether or not a living trust may be an appropriate planning technique under several different factual situations. Alternate estate planning techniques will also be discussed, as well as the importance of wills, naming guardians for your children, powers of attorney, living wills, transfer of assets, probate procedures and inheritance and estate taxes. Learn how the new tax law affects you. Questions are welcome.

Instructor: Paul Rubin, Law Offices of Paul Rubin, Robbinsville

1 class W HS-S Room 503 \$20 November 18 7-9 pm

*HOW TO START A HOME BASED BUSINESS WITH LITTLE OR NO MONEY

For anyone who wants to make extra money as a full- or part-time venture. Learn how to determine what products or services to sell, where to obtain them, and how to employ proven sales and marketing techniques. Drop Shipping, how to promote your website and unique, but little known opportunities on eBay will be covered.

Instructor: Martin Mosho, business consultant with over 40 years of advertising sales and marketing experience.

1 class M HS-S Room 900C \$29 October 12 7-9 pm

INVESTING FOR INCOME IN DIFFICULT TIMES

In this difficult economy many people are looking for income as well as principal protection. There are many options to money markets and CD's to consider. These choices have varying time frames and risks associated with them. The class will cover the positives and negatives of each.

Instructor: **Phyllis Klugerman**, VP-Investment Officer for Wells Fargo Advisors, has presented seminars throughout the U.S. on a variety of topics for over 20 years.

1 class Th HS-S Room 504 \$20 October 29 7-9 pm

Wells Fargo Advisors does not provide tax or legal advice. Please consult with your tax advisor before taking any action that may have tax consequences. Wells Fargo Advisors. LLC, Member SIPC is a registered broker/dealer and a separate non-bank affiliate of Wells Fargo & Company.

www.ww-p.org

*LONG TERM CARE OPTIONS

Many options exist for individuals and their loved ones with respect to long term care, ie: nursing home, assisted living, independent living and home care. Assistance can be provided from many organizations in a particular region. Our panel will include: Kevin Zepp, President of Liberty Healthcare Services, a New Jersey based homecare provider, Joe Bodgan, Administrator of Hamilton Continuing Care, a nursing and sub-acute rehabilitation center, and Tom Callahan, Sales and Marketing Manager, Brookdale Senior Living. These experts will provide information on navigating the system and help determine what is the most appropriate choice of long term care, based on the needs of the individual. Bring your questions.

1 class T HS-S Room 700A \$5 October 20 7-9 pm

PLAN AHEAD AND REST IN PEACE

One of the best things you can do for your family is to make your own funeral plans. A funeral is often one of the greatest expenses a family faces. But few people are able to handle it as a simple purchase of services. More often they plunge into the purchase of a funeral emotionally drained, with little time and little knowledge of their options and rights. The Funeral Consumers Alliance of Princeton (FCAP) is a not-for-profit, all volunteer organization which promotes informed planning of end-of-life issues. Some topics to be covered are choosing a funeral home, planning for a funeral or memorial service, burial versus cremation and green funerals.

service, burial versus cremation and green funerals.

Instructor: Laurie Powsner, MSW, FCAP executive director.

1 class T HS-S Room 901A \$5 October 20 7-9 pm

*RETIREMENT PLANNING TODAY

Learn how to determine the amount of money you need to retire; create your own goals for a "successful retirement"; eliminate debt and improve cash flow; properly convert your IRA to a Roth IRA; select the retirement plan distribution choice that is right for you; plan your retirement income to preserve a comfortable standard of living; transfer the risk of potential financial losses before or during retirement. Also learn how to reduce or eliminate taxes, expenses, delays and legal challenges with estate planning. Instructor: John Cane, ChFC, CFS, MSFS, Cane Financial Group

2 weeks

W HS-S Room 900B \$49 (includes text)

2 weeks W HS-S Room 900B \$49 (includes text) Starts October 14 7-9 pm

LANGUAGE

ARABIC I

Learners will be able to acquire, easily and quickly, the four skills of the language: listening and understanding, speaking, reading, and writing. Students will learn how to deal with everyday life situations such as greetings, visiting friends and family, making phone calls, shopping, going to restaurants, asking directions and other everyday activities.

Instructor: Gina Zerriry, native Arabic speaker

8 weeks M HS-S Room 600F \$84 + \$17 materials Starts October 12 7-9 pm

CHINESE: BEGINNERS

Whether you are looking to do business in the world's fastest growing economy or simply want to learn a new language, this is your chance to learn Chinese that will benefit you for the rest of your life. Learn to use the letters of the Roman alphabet to pronounce Mandarin Chinese Pin Yin which is the official Chinese language and the most critical of Chinese speaking-the four tones. Pronouncing the same word or character in different tones affects its meaning. Basic Chinese writing (strokes) and practical conversations will be introduced. Students will receive a conversation CD.

Instructor: Terence Tung, native Chinese speaker.

CHINESE: INTERMEDIATE

Continue to learn to understand and speak Mandarin Chinese. Using practical topics that would be useful to you in daily conversation, you'll acquire pronunciation and conversational skills. For those who are interested in exploring Chinese culture, basic conversation and simplified Chinese characters. Prerequisite: a beginning Chinese language class. If you have the book *Mandarin Chinese in 30 Days* do not include fee with tuition.

Instructor: Alicia Pei certified Chinese teacher, has taught previously with WWPCE.

8 weeks W HS-S Room 92 \$88 + \$22 materials fee
Starts October 7 7-9 pm

*ESL - ENGLISH FOR SPEAKERS OF OTHER LANGUAGES

For foreign born adults who want to improve their language skills. Speaking skills will be emphasized, in addition to reading, writing and listening skills, to help students cope with social and workplace English language needs. Classes are divided according to skill level.

Orientation for new students on Wednesday, September 23, at 7:00 pm at the High School South Commons Area or 9:30 am at the Plainsboro Library.

Classes will begin the week of October 5. No charge for students with Social Security number. \$150 for students with no Social Security number.

Classes meet on Monday and Wednesday evenings starting at 7 pm in the 700 area of the High School South. Classes also meet from 9:30-11:30 am at the West Windsor and Plainsboro Libraries for selected levels on Mondays and Wednesdays or Tuesdays and Thursdays.

Classes are funded by the NJ Dept. of Labor and Workforce Development Grant.

*FOREIGN ACCENT REDUCTION

Does your accent reduce your communication effectiveness on the job, in school, or in social situations? Learn how to sound more American in your speech. You can improve the quality of your American accent by working on American-English pronunciation, melody and stress patterns. You'll work on specific words and phrases that you need for your work and daily living. The focus is on improving your accent - not on learning English. Students will receive workbooks and CDs. Limited registration.

Instructor: JoAnn Ficca, Certified Speech Language Pathologist, Speech-Language Specialist.

8 weeks T HS-S Room 701A \$120 + \$58 materials Starts October 6 7:30-9:30 pm

FRENCH I

An introduction to French with emphasis on oral proficiency. Learn basic grammar, vocabulary idioms and travel expressions. Reading skills also will be introduced. *Instructor:* **Gina Zerriry**, French Instructor.

7 weeks Th HS-S Room 600F \$74 + \$15 materials Starts October 15 7-9 pm

FRENCH II

For those who have had a previous French course or are ready for a more advanced level class. Intermediate and above levels are welcome.

Instructor. **Gilbert Segal**, native French speaker. Has taught French language, literature and history previously.

8 week W HS-S Room 601B \$84 Starts October 14 6:45-8:45 pm

GERMAN: BEGINNERS

Learn fundamental German grammar along with listening, speaking, reading and writing skills. You will also have exercises in pronunciation and everyday conversation.

Instructor: Heike Reinhart, native German speaker, has taught students at all levels.

8 weeks W HS-S Room 601A \$84 + \$19 materials

Starts October 14 7-9 pm

HINDI: BEGINNERS

Systematic training in speaking, reading and writing Hindi for those who have little or no previous knowledge. Emphasis is on correct pronunciation, useful vocabulary in context and basic structure.

Instructor: Mekhala Agarwal, has taught Hindi for many years..

8 weeks T HS-S Room 650 \$84 Starts October 13 7-9 pm

www.ww-p.org

ITALIAN I

Acquire a basic knowledge of the language through oral and written classes. Information about Italy's cultural life as well and material of interest to travelers will be introduced. Instructor: Marco Epstein, native of Switzerland, M.A. from Princeton University, consultant on the testing and teaching of Italian as a foreign language.

HS-S Room 600F \$80 + \$19 materials 8 weeks 6:45-8:15 pm

Starts October 14

ITALIAN II

For those who have had a previous Italian course. Increase your vocabulary, learn how to use the past tense and become more comfortable with conversational and idiomatic Italian. Instructor: Marco Epstein, native of Switzerland, M.A. from Princeton University, consultant on the testing and teaching of Italian as a foreign language

HS-S Room 600F \$80 + \$17 materials 8:15-9:45 pm

Starts October 14

JAPANESE: BEGINNERS

Basic grammar and writing systems will be introduced, as well as practice in speaking and reading. For those who have little or no previous knowledge of Japanese.

Instructor: Miho Gallagher, native Japanese speaker

8 weeks HS-S Room 95 **\$84 + \$5 materials Starts October 13** 7-9 pm

SPANISH: BEGINNERS

Focusing on conversation skills introducing beginning students to the foundations of the Spanish language. Develop oral language skills using functional everyday life situations. Instructor: Miriam Feibel, BA, MS, native Spanish speaker, has taught previously in the WWPCE program.

HS-S Room 504 8 weeks \$84 Starts October 7 7-9 pm

SPANISH: INTERMEDIATE

Continue to learn the fundamental listening, speaking, reading and writing skills. The emphasis is on the basic foundation of Spanish grammar and oral language skills, using functional everyday life situations. Prerequisite: Spanish I or an introductory course. Instructor: Miriam Feibel, BA, MS, native Spanish speaker, has taught previously in the WWPCE program.

7 weeks HS-S Room 504 Th \$74 7-9 pm Starts October 15

CRAFTS

*CANDLE MAKING

Have you ever wanted to make your own candles? Join us as we make "green" candles using bee, vegetable and soy waxes. We will experiment with color and scent to create your unique style. Create one-of-a-kind gifts. Students need to bring an aluminum roaster pan and a small pot, saucepan or large can (which can be thrown away). *Instructor*. **Elizabeth Millar**, has taught candle making previously.

2 weeks HS-S Room 401 \$30 + \$20 materials fee Starts October 22 7-9 pm

*HAND BLOWN GLASS ORNAMENTS

Anyone can make beautiful hand blown glass ornaments. Glaskolben glass tubes make it easy for beginners to experience this old world craft. Using the hot head torch each student will have the chance to experiment with shapes and colors to create 10 unique ornaments. No prior glass experience is necessary. Please bring safety glasses and a small box to class. There is a \$40 materials fee payable to the instructor on the night of class. Instructor: Leane Blevins, owner Magic Glass Art Studio, Inc.

HS-S Room 301 1 class \$26 November 30 6-9 pm

KNITTING

Sweaters, scarves, bags, socks, coats, hats ... handmade by you. Knitting can be your creative expression of intelligence and fashion, as well as a relaxing hobby. Whether you are an experienced knitter who wants some advice about advanced patterns (mixed with good conversation with other knitters), or a beginner who doesn't know where to start, this class is for you. If you already have a work in progress, bring it to class. The instructor will help beginners choose their project. Knitters describe their hobby as "mindful yoga.'

Instructor: Sara Stoll, experienced knitter

W HS-S Room 94 6 weeks \$60 Starts October 7 7-9 pm

*SCRAPBOOKING

Scrapbooking doesn't need to be difficult. Students will design and create a scrapbook using an assortment of photos representing their interests. Come and enjoy the art of scrapbooking as you make something that will last a lifetime. Students need to bring a scrapbook of their choice and a minimum of 30 photographs. All other materials will be supplied by the instructor.

Instructor: Patricia McLaughlin, experienced scrapbooker.

3 weeks T HS-S Commons 3 \$30 + \$15 materials Starts October 6 7-9 pm

ARTS

CALLIGRAPHY

Whether you want to cut costs by addressing your own invitations or just want to learn the art of calligraphy (beautiful writing in Greek), this is the class for you. Beginner's Chancery Cursive (or Italic) will teach you the full lower and upper case alphabets, as well as numerals. We will also discuss the potential of calligraphy for profit. No prior experience or skill required — only patience and a willingness to learn. A great way to address your holiday cards. Limited enrollment.

Instructor: Rene Veesart, experienced calligrapher

8 weeks W HS-S Room 700F \$76 + \$25 materials Starts October 14 7-9 pm

CREATIVE WRITING

Join us as we journey to the creative aspect of ourselves where the words flow freely. We will use writing exercises as well as other props to free up the creative side of ourselves. We will write poetry and prose and see what happens to our lives as we express ourselves creatively. Join us for this wonderful adventure! Bring a notepad and pen to class. *Instructor*: **Elizabeth Millar**, BA English Lit., published poet.

3 weeks T HS-S Room 505 \$45 Starts October 6 7-9 pm

DRAWING FUNDAMENTALS II

A class that focuses on the fundamentals of drawing and composition. We will expand on the teachings from Fundamentals I and progress forward. More emphasis will be on composition and form. Students will learn how to train their eyes and their hands to work together to create a drawing.

Instructor: Danielle Makrancy, professional artist

5 weeks M HS-S Room 300 \$65 Starts October 12 7-9 pm

*HOW TO USE YOUR POINT AND SHOOT DIGITAL CAMERA

This basic course will help you get better images from your point and shoot digital camera. Most folks open the box, read the instructions (maybe) and start shooting, resulting in photos that often are too dark, too light, out of focus or blurry. You will learn to use camera controls to eliminate these problems as well as receive information on better composition and how to be a little more creative.



Instructor: **Martin Schwartz**, a retired dentist who has been

involved with photography for four decades. He is a member of Gallery 14 in Hopewell and has had his work displayed there and in juried exhibits at Philips Mill and the City Museum of Trenton. He also has work on display at UMDNJ where he is a part time dental instructor.

2 weeks Th HS-S Room 700A \$22 Starts October 22 7-8:30 pm

POETRY

Join us for this journey into poetry. We will discuss different poems and the devices used such as sound and rhythm. We will also write our own poetry. Come with us on this wonderful adventure! Bring a notepad and pen to class.

Instructor: Elizabeth Millar, BA English Lit., published poet.

2 weeks Th HS-S Room 505 \$30 Starts November 12 7-9 pm

DANCE

BALLROOM DANCING I

Ballroom dancing will help you develop poise, coordination and selfassurance as you learn the basic steps of elegant social dancing. The accent is on fun as you learn the basic steps in the fox trot, rhumba, waltz, cha-cha and meringue. Try to find a friend to sign up with so that you will be guaranteed a partner, but everyone's welcome. No high heeled shoes, sneakers or open shoes. Instructor: Thelma Horowitz, has taught dancing for many years.

\$104/couple

DN Cafeteria Starts October 14 7-8:15 pm



Take the next step and improve your dancing skills. More advanced steps in the basic dances taught in the beginner's class will be introduced with additional dances such as tango, swing and mambo. Stylizing will be emphasized. No high heeled shoes, sneakers or open shoes. *Instructor:* **Thelma Horowitz**, has taught dancing for many years.

8 weeks **DN Cafeteria** \$104/couple Starts October 14 8:15-9:30 pm

*LINDY HOP/JITTERBUG

Come learn the good old-fashioned Lindy Hop/Jitterbug from the 1940s. Good, solid, fun steps will be taught so you can show off on the dance floor. Couples preferred, but single students are also welcome. No sneakers, rubber-soled or open shoes. Instructor: Thelma Horowitz, has taught dancing for many years.

\$104/couple 8 weeks **DN** cafeteria Starts October 12 8:15-9:30 pm

*SALSA

If you want your Latin dancing to be full of pizzazz, then you must learn the RumbaMambo combinations of the Salsa. Come learn how to make your time on the dance floor very exciting with energetic Latin dancing. Couples are preferred, but single students are also welcome in this class. No sneakers, rubber-soled or open shoes. *Instructor:* **Thelma Horowitz**, has taught dancing for many years.

\$104/couple **DN** cafeteria 8 weeks M Starts October 12 7-8:15 pm

WW-P Community Education is pleased to celebrate over 25 "dancing" years with Thelma Horowitz. Many students have enjoyed her classes and have become better dancers in the process. We look forward to many more enjoyable years together.

HIP HOP DANCE

Participants will learn the fundamentals of hip-hop such as coordination, movement and beat. The class will begin with a series of warm up exercises to tone both muscle and body, all the while reinforcing the importance of rhythm. Popular dances will be taught, such as those seen in current music videos. Class will conclude with stretching exercises to cool down your heart rate and improve movement and all over flexibility Instructor: Reggie Williams, energetic dancer, has performed and taught dancing for many years.

8 weeks MH Cafeteria \$80 Starts October 12 6:45-8 pm

MIDDLE EASTERN DANCE: An Introduction

Students will be introduced to the ancient, classical and exotic forms of movement in Persian and Arabic dances. Dancers will learn different movements of hands, hips and legs, as well as the meaning and background of each movement. Dances are energizing and dynamic and the music is refreshing to both mind and soul. Wear comfortable clothing and we will discuss appropriate dress further in the first class.

Instructor: Noushin Kanani has studied dance with traditional teachers from an early age and has been teaching children and adults for many years.

CMS 8th Grade Concourse 8 weeks \$80 Starts October 13 7:30-9 pm



HOME and GARDEN

OMELETS

Has one too many omelets become scrambled eggs? Do you want to learn how to prepare a classic French omelet, frittata or Asian style omelet? Join us in this hands-on class as we work our way through eggs in one of their most wonderful preparations. Tips on how to avoid the most common omelet disasters will be covered. Please bring containers to take home leftovers.

Instructor: Kathleen Rana, professional chef

1 class T HS-S Room 401 \$18 + \$12 materials November 10 7-9:30 pm

TOOLS FOR THE KITCHEN

Learn how to equip your kitchen efficiently without buying things you will never use. We'll also review the different kinds of knives available, discuss pros and cons of different knife materials and get some hands-on experience on how best to use them on different foods. You'll come away from this class with a better idea of what you need and what you'll use.

Instructor: Kathleen Rana, professional chef

1 class T HS-S Room 401 \$18 + \$5 materials October 6 7-9:30pm

TRAVEL TO THAILAND

Sour, sweet. salty, hot -join us as we explore the four flavors of Thai cooking as we prepare Thai Corn Cakes, Green Papaya Salad, Pad Thai, Basic Chicken, Coconut Curry, Pineapple Fried Rice and Sweet Rice with Mango for dessert. In this hands-on class we will use authentic ingredients such as rice noodles, fish sauce and 5-spice tofu. Please bring containers to take home any leftovers. *Instructor:* Kathleen Rana, professional chef

1 class T HS-S Room 401 \$18 + \$12 materials
December 1 7-9:30 pm

WARMING WINTER SOUPS IV

All new recipes! Join us in this hands-on class as we prepare a variety of soups to keep you warm as the winter winds blow. We will prepare recipes for soups such as Thai Coconut Corn Soup, Spicy Indian Chickpea and Tomato Soup, French Onion Soup and Cheddar and Beer Soup. Please bring containers with tight fitting lids to take home leftovers.

Instructor: Kathleen Rana, professional chef

1 class T HS-S Room 401 \$18 + \$12 supplies October 20 7-9:30 pm



In-person Registration Will Be Held:

Wednesday, September 23, 6:30-8:30pm
WWP High School South
Clarksville Road
Princeton Junction NJ

HEALTH/PHYSICAL FITNESS/SAFETY

A LOOK AT YOUR "WHOLE PLATE"

This program will empower you to live a healthier lifestyle, lose weight and have fun in the process. You will discuss the connection between your life plate and your food plate, learn how to become your own portion monitor and the benefits and nutrients found in adding a variety of color to your healthy eating plan.

Instructor: Sally Jones, Certified Empowerment Coach

3 weeks Ťh **HS-S Room 900C** \$45 Starts October 15

7-8:30 pm

Learn the life-saving skills needed to provide care for adults and children in a cardiac or breathing emergency. Recognizing the signs and symptoms of a heart attack, as well as how to reduce the risk of an attack, will be discussed. A certificate will be issued upon successful completion of the course. Limited enrollment.

Instructor: Lifeforce, USA

HS-S Room 900C \$45 1 class

6:30-10pm October 19

DEFENSIVE DRIVING 2-POINT REDUCTION PROGRAM

In this one-day, six-hour class you'll improve driving skills, recognize driving errors and avoid accidents by understanding the factors that cause them. Visual aids and films reinforce driving skills and highway safety. This course is open to all drivers who wish to remove 2 points from their N.J. Motor Vehicle Driving Record.

Eligibility for Point Reduction

- A driver may apply for point reduction only once every five years.
- Drivers may not reduce point total below zero.
- This point reduction does not affect Insurance Eligibility Points.
- · Actions already taken against your license (e.g., surcharges) cannot be reversed by this course.

Eligibility for Insurance Discount

- N.J. drivers over 21 with less than 4 Eligibility Points.
- Call your Insurance Agent to see if you qualify and how much your discount will be.

Write the day of your choice on your registration form

The course is a one-day, six-hour seminar.

Instructor: Princeton Driving School
Saturday Class: October 10 or December 19 - HS-S Room 900C, \$75
9am-3:30pm

All classes meet at WW-P High School South, Clarksville Road, Princeton Junction.

*DRIVER EDUCATION

Behind-the-Wheel Instruction through Princeton Driving School

- Behind the wheel instruction for adults and high school students who are at least 16 years old and have completed high school driver education instruction.
- Dual control cars.
- Figure 2 Experienced, professional instructors who stress safety and defensive driving techniques.
- Fully licensed by the State of New Jersey.
- Pick up at home, school, work.
- Rapid service.

Fee includes six (6) hours behind the wheel,

plus one trip to Division of Motor Vehicles for permit and eye test.

Call Princeton Driving School, 799-2313, for information

*FIRST AID BASICS

Students will learn to recognize and care for an injury or sudden illness. Topics to be covered are head, neck and spine injuries, broken bones, burns, wounds, fainting, shock, diabetic emergency, bites and stings, poisoning, heat and cold-related illnesses, seizures and more. Limited enrollment. Instructor: Lifeforce, USA

HS-S Room 900C 1 class M \$45 6:30-10 pm October 26

*HYPNOSIS: THE EASY WAY TO LOSE WEIGHT

Now, imagine being the shape that you always wanted to be! Shed the extra pounds of fat using the safe, fast and effective power of hypnosis. Stop your struggling and start living...NOW! Trigger your unconscious to help you be slim all year long. A materials fee of \$20.00 per person (no family or spouse material combinations) is due, payable to instructor at the beginning of class.

Instructor: Stephen M. Hawley, Personal Enrichment Systems

1 class T HS-S Room 506 \$45 October 13 7-9 pm

*HYPNOSIS: THE EASY WAY TO STOP SMOKING

Stop smoking in less than two hours! Free yourself from smoking forever – without fear of withdrawal, anxiety or weight gain. If you are committed, you will throw away your cigarettes and leave feeling refreshed, relaxed and confident in your ability to be a non-smoker for the rest of your life. With the powerful, safe, assistance of hypnosis, you can set yourself free. **FREE** admittance to another class, should you start smoking again within one year. A materials fee of \$20.00 per person (no family or spouse material combination) is due, payable to instructor on night of class.

Instructor: Stephen M. Hawley, Personal Enrichment Programs

1 class W HS-S Room 506 \$45 October 14 7-9 pm

*JAZZERCISE

Jazzercise is a 60-minute group fitness class combining cardio, strength and stretch moves for a total body workout. We've taken moves from hip-hop. yoga, Pilates, jazz dance, kickboxing and resistance training and bundled them into one hour. All ages, levels and sizes welcome so come join us today! You'll burn up to 500 calories in a 60- minute Jazzercise class. Every class combines cardio moves to enhance endurance and burn mega calories, strength training to define muscles and strengthen your core and stretching to increase flexibility. You will get a total body workout while blasting fat and having fun. Bring a mat, hand held weights (optional).

Certified Instructor: Mary Jane Brady

8 weeks M & W VIIS MPR

Starts September 30 7:30-8:30 pm

BODY SCULPT by Jazzercise

Body Sculpt is a muscle toning workout featuring a creative combination of strength training movements and stretching. The class starts with a warm-up then proceeds to strength routines targeting all major muscle groups, hips and thighs, abdominals, arms and lots of core work. Hand held weights and xertubes are used (tubes will be provided and can also be purchased at class).

Certified Instructor: Christine Bastedo

8 weeks Th VilS MPR

Starts October 1 7:30-8:20 pm

Mon. & Wed.- Jazzercise only - \$100 Thursday, Body Sculpt only - \$65 All 3 nights \$110

*NUTRITION AND HEALTH MANAGEMENT FOR SENIORS

Participants will discuss the basic connection between nutrition, diet and wellness and the critical role of blood glucose levels on weight and health, especially on senior health issues such as controlling blood pressure, blood lipids, digestive problems and prediabetes. Basic changes in diet to address these health issues include learning to choose, prepare and portion nutritious foods for optimal health. Also to be discussed are nutritional supplements as wellness "insurance," natural food supplements and the role of specific supplements in these health issues. **SENIORS** Only (55+)

Instructor: Sandra Simpson, PhD., Nutrition Coach and Holistic Health Educator

3 weeks W HS-S Room 901A \$40/single \$60/couple Starts October 14 7-8:30 pm

Register Early!

*SAFE BOATING AND PERSONAL WATERCRAFT COURSE

This basic safe boating/personal watercraft class is the approved class for the mandatory certification of all individuals to operate any type of powerboat or personal watercraft. The course covers basics such as rules of the road, laws and safety and is suitable for adults and children 10 years and older. All materials included.



NASBLA approved for insurance discount. Instructor: Coast Boating School.

HS-S Room 506 2 Classes October 6 & 7 T & W 7-10 pm -- OR --November 2 & 3 M & T

T'AI CHI CH'UAN

This ancient Chinese martial art strengthens the body and teaches self-discipline, control and balance. The slow, relaxed movements of Yang T'ai Ch'uan energize and refresh the body while promoting calm awareness of the mind. Regardless of age, T'ai Chi Ch'uan is an excellent form of exercise to reduce physical and mental stress. Dress comfortably. For beginners and continuing learners.

Instructor: Lyon Zabsky, experienced teacher of T'ai Chi Ch'uan.

8 weeks MH Café \$72 Starts October 1 6:45-8 pm

*THE TIME MACHINE "DIET"

Remember when we were children and we followed our bodies' natural rhythms and inclinations? When we started eating because we were hungry and stopped when we were full? Somewhere along the line some of us got disconnected from what used to come naturally. If you want to lose weight but have no stomach left for dieting, join us for this introduction to A Way Out of the Weigh-In, and a "tastebud tune-up" to get you headed – back – in your right direction.

Instructor: Karen Paritee, Certified Life Strategies Coach; A Way Out of the Weigh-In. HS-S Room 700E \$35 (includes all materials)

September 22 7-9 pm

<u>OR</u> September 30 <u>OR</u> October 5 M

TRIPLE WORKOUT COMBO

Low-Impact Cardio Workout - 15 minutes - will get your heart rate up. You will burn fat, increase endurance and improve balance and coordination.

Balance – 15 minutes of standing core balance and strength training,

Pilates/Mat Workout - This 20 minute mat workout will strengthen and condition muscles for a leaner more sculpted body with increased abdominal and lower back strength. The series of non-impact movements are designed to strengthen and tone muscles, improve posture and increase flexibility. The class ends with 10 minutes of stretching to reduce muscle tension, increase flexibility and relax after working out.

If you were fit in the past and want to reclaim the strength and energy you had in your youth, this class is for you!. This class is not for someone with back problems or health limitations. Participants may find it difficult in the beginning if they have not exercised in a long time. Those that stick with it are always pleased; the results are amazing! Join us and reclaim your vitality and self-confidence. Easy to learn and follow. Dress comfortably and bring EXERCISE MAT AND WATER. .

Instructor: Kathleen Esposito, MS, Certified Personal Trainer, Aerobics Instructor Kickboxing instructor, Advanced Pilates Mat Instructor, Zumba Aerobic Dance Instructor

16 classes T & Th Starts October 6

GMS 8th Grade Concourse

\$112 – 2 times per week \$72 – 1 time per week

8:05-8:55 pm

Registration forms on page 31 or Register Online www.ww-p.org

*WEIGHT MANAGEMENT VIA NUTRITION WORKSHOP

Learn the basic connection between nutrition, wellness and weight management and the critical role of blood glucose levels on health and weight. Topics include basic changes in diet for weight control, individualized diets, menu planning, reading labels, grocery shopping tips, food preparation and portions and the use of nutritional supplements as wellness "insurance." Also to be discussed: the body-mind connection, stress reduction strategies, changing diet "habits" and motivation for lifelong weight management and wellness. Workshop includes coaching on nutrition and lifestyle changes to be implemented each week by participants. For the week before the first class please keep a food diary. Record foods eaten and approximate amounts/portions, including meals and snacks. Bring the food diary to the first class.

Instructor: **Sandra Simpson**, PhD, Nutrition Coach and Holistic Health Educator.

3 weeks W HS-S Room 506 \$95 Starts November 4 7-8:30 pm

*YOGA

Yoga is an ancient method of self-development that can help us achieve harmony in our modern lives. The emphasis in on Hatha Yoga techniques, which include physical postures, deep breathing and effective methods of concentration, meditation and relaxation. Wear clothing which does not restrict body movements. Bring a mat or beach towel to class and eat lightly no later that two hours before class. Beginners and intermediate students welcome. *Instructor:* **Newell Benedict**, teacher of Yoga for many years, studied with Yoga Organization for Research and Education.

6 weeks W CMS 400 Concourse \$60 Starts October 14 7-8:30 pm

*YOGA

These multi-level yoga classes are suitable for beginning students as well as for those students with some experience. Students will learn breathing techniques (pranayama) as well as basic yoga postures (asanas). The classes are designed to stretch and strengthen the body, reduce stress, improve overall health and calm the mind. Wear loose, non-binding clothing and bring a yoga mat or towel to lie on. Okay to sign up after start date. *Instructor:* **Jayadeva**, Director of Integral Yoga of Princeton, began teaching yoga over 30 years ago.

10 weeks M GMS 8th Grade Concourse \$100 Starts October 5 6:30-8 pm

ZUMBA DANCE FOR FUN AND FITNESS

Zumba combines high energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. It is based on the principle that a workout should be "fun and easy to do" allowing Zumba participants to stick to the Zumba Fitness program and achieve long-term health benefits. Zumba is a "feel happy" workout that is great for both the body and the mind. It is a fusion of Latin and international music-dance themes that create a dynamic, exciting effective fitness system!. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Zumba utilizes the principles of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps.

Instructor: Kathleen Phillips Esposito, M.S.

Certifications: Certified Personal Trainer, Aerobics Instructor, Kick-boxing Instructor, Advanced Pilates Mat Instructor, Zumba Aerobic Dance Instructor

16 classes T & Th GMS 8th Grade Concourse \$112 (2x/week)
Starts October 6 \$72 (1x/week)
7-8 pm

Use Registration Forms on Page 31
Registration Information on Page 28
Register Online!

EDUCATIONAL and CULTURAL TRIPS

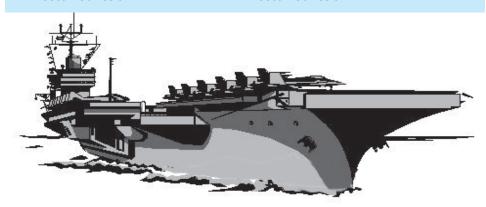
Come and experience the sights, sounds and tastes of our area. Enjoy a day of learning while having fun!

All Saturday trips leave from the WW-P Board of Education building. For weekday trips the departure point is noted for each trip. Tickets for Broadway shows are distributed on the bus. Due to our requirement to confirm and pay for reservations far in advance of our trips, we regret that no refunds can be made for trips unless there is a replacement on our waiting list. *Seniors pay full price for all trips. Itineraries subject to change when necessary. Cancellations subject to a 10% cancellation fee.

Trips depart from:

WW-P Board of Education 505 Village Road West - or -Princeton Junction First Presbyterian Church of Dutch Neck

154 South Mill Road Princeton Junction



*CIRCLE LINE CRUISE AND INTREPID SEA, AIR & SPACE MUSEUM

THURSDAY, SEPTEMBER 24

We'll start our day with a 3-hour narrated cruise around Manhattan (Statue of Liberty, Ellis Island, Brooklyn Bridge, South St. Seaport, Roosevelt and Governor's Islands, Empire State Building, Harlem, etc.) Then, admission to the multi-million dollar renovated Intrepid Museum with jet fighters on both flight and hangar decks and mockups of the Gemini and Apollo spacecraft, for which the Intrepid was the recovery ship. Informal lunch can be bought on board the Circle Like and Intrepid (or pack your own).

Depart: 8:15 am First Presbyterian Church of Dutch Neck

Return: 5:30 pm

Tuition: \$86 Adults. (includes cruise, admission, deluxe bus and all gratuities)

\$78 Seniors

*CULINARY INSTITUTE OF AMERICA AND BOSCOBEL

WEDNESDAY, OCTOBER 21

Join us as we spend a fall day in the Mid-Hudson Valley. We'll start at the Culinary Institute of America, setting the standards for excellence in professional culinary education for over 60 years. We will have lunch in Ristorante Caterina de Medici, voted best restaurant in Dutchess County, where we will enjoy authentic Italian flavors in a magnificent Tuscan villa setting. Following lunch we'll head south to Garrison, NY for a guided tour of historic Boscobel, one of America's premier historic house museums. Built in 1804 by States Morris Dyckman, a descendant of one of the early Dutch families, Boscobel enjoys stunning views of the Hudson River and has long been recognized as an outstanding example of Federal domestic architecture in America.

Depart: 8:00 am First Presbyterian Church of Dutch Neck

Return: 6:30 pm

Tuition: \$89 (includes deluxe bus, luncheon, tour, driver gratuity)

*STATEN ISLAND TOUR

THURSDAY, OCTOBER 29

Staten Island is perhaps the least known of New York's five boroughs but offers some real treasures. With our guide we'll tour the idyllic Alice Austen Cottage, walk along the waterfront, have a ride on the Staten Island ferry and visit historic Snug Harbor where one of the highlights is the Chinese Scholar Garden. Lunch is on your own at a local restaurant. Join us as we explore this surprising borough.

Depart: 8:15 am First Presbyterian Church of Dutch Neck

Return: 5:45 pm

Tuition: \$74 (includes admissions, ferry, guide, deluxe bus, all gratuities)

*BARNES FOUNDATION

FRIDAY, NOVEMBER 13

The Barnes Foundation, established by Albert C. Barnes in 1922, houses one of the world's largest collections of Impressionist, Post-Impressionist and early Modern paintings. An extraordinary number of masterpieces by Renoir, Cezanne, Matisse and Picasso provide a depth of work by these artists unavailable elsewhere. Art from every corner of the globe is grouped with fine examples of antique furniture, ceramics, hand-wrought iron and Native American jewelry Before our self-guided tour we'll enjoy an early luncheon at a neighborhood restaurant. No shoes with heels smaller than two inches in diameter permitted in gallery.

Depart: 9:45 am First Presbyterian Church of Dutch Neck

Return: 5:30 pm

Tuition: \$88 (includes admission, lunch, deluxe bus, all gratuities).

*A DAY IN THE "BIG APPLE"

SATURDAY, DECEMBER 5



* METROPOLITAN MUSEUM AND GRACIE MANSION TOUR AND TEA

TUESDAY, DECEMBER 15

We'll start our day at the Metropolitan Museum of Art where you will be able to view the Neapolitan Baroque Creche, visit the newly redone and reopened American Wing, as well as tour the magnificent permanent collection plus do some holiday shopping. We'll then travel uptown to Gracie Mansion, home of the Mayor of New York City, where we will enjoy a delicious holiday tea with sandwiches, scones and pastries in the mansion ballroom. Following our tea we will have a guided tour of the mansion, built in 1799 and one of the oldest surviving wood structures in Manhattan. Join us for this holiday treat.

Depart: 8:00 am First Presbyterian Church of Dutch Neck

Return: 4:45 pm Tuition: \$81 adults, \$77 Seniors

(includes admissions, tea, tour, deluxe bus, all gratuities)

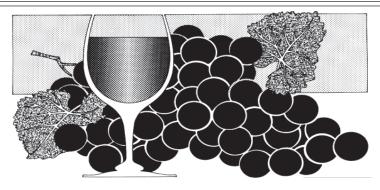
*NEWPORT MANSIONS AT CHRISTMAS SATURDAY & SUNDAY, DECEMBER 12 & 13

Join us for our fabulous holiday trip to Newport, RI. Decked out in their holiday decorations at the Christmas season, the mansions at Newport are truly spectacular. We'll arrive in Newport in time for lunch at the historic White Horse Tavern and then visit the fabulous *Marble House*. Following our tour we will check into our hotel. You will have time for browsing before dinner, on your own, at one of the many restaurants in the area. After breakfast on Sunday we'll visit the beautiful *Elms* and then on to the magnificent *Breakers*, the showplace of Newport. We'll conclude our tour at *Belcourt Castle* with a Christmas choral concert and tea. Tuition includes deluxe bus transportation, lunch on Saturday, lodging, breakfast, admissions to mansions, choral concert, tea, and all gratuities.

Depart: 7 am Saturday, School District Offices

Return: 9:15 p.m. Sunday

Tuition: \$299 pp Double, \$361 pp Single



*CALIFORNIA'S WINE COUNTRY

OCTOBER 8-14, 2010

On this exciting tour you will experience the vibrancy of San Francisco and explore the beautiful countryside of the Napa and Sonoma valleys. Traveling through this world-renowned region, gain an understanding of wine culture and production through private discussions with vineyard experts and sample locally made food during culinary tours and tastings. Your visit begins with a tour of San Francisco and dinner on Fisherman's Wharf. The next day you'll stop at Muir Woods National Monument before you arrive in Napa Valley and enjoy lunch on the Napa Valley Wine Train. After several days it's on the Sonoma Valley where you will discover the step-by-step milling process of how olive oil is made, learn the art of chocolate truffle making and the process of making cheese. Tuition includes land, roundtrip air, transfers, taxes, fees and 10 meals. Call 609-716-5000 ext. 5034 for a more detailed itinerary.

Tuition: \$2749pp double \$3449single

TRIP PREVIEW

Join us for a slide show preview of our exciting trip, "Italian Lakes and Greek Islands". You will view a detailed itinerary and have a chance to ask a representative all your questions. There is no charge but pre-registration is requested. Please call 609-716-5000 ext. 5034 to pre-register.

October 1 Th HS-S Room 900C 7:00 pm



*ITALIAN LAKES AND GREEK ISLES

MAY 21- JUNE 1, 2010

Your journey begins amid the breathtaking scenery of the Italian lakes region followed by a 7-night Eastern Mediterranean cruise aboard the Costa Fortuna. Your tour begins in picturesque Lago Maggiore followed by visits to Como and Venice before you board the cruise ship. Your first port is Bari, Italy before going on to Katakolon, Greece, Santorini, Mykonos and Rhodes. After a day at sea you will dock in Dubrovnik, Croatia followed by visits to Venice and Milan before departing for home.

Tuition includes roundtrip air, 10 nights accommodations, transfers, taxes, fees and 25 meals. Call 609-716-5000 ext. 5034 for a more detailed itinerary.

Tuition: Inside Cabin \$3099 pp double, \$3999 pp single
Outside Cabin \$3549 pp double, \$4799 pp single

WEST WINDSOR-PLAINSBORO COMMUNITY EDUCATION FALL 2009 Calendar

September	October	November	December
M T W TH F			
1 2 3 4	1 2	2 3 4 5 6	1 2 3 4
7 8 9 10 11	5 6 7 8 9	9 10 11 12 13	7 8 9 10 11
14 15 16 17 18	12 13 14 15 16	16 17 18 19 20	14 15 16 17 18
21 22 23 24 25	19 20 21 22 23	23 24 25 26 27	21 22 23 24 25
28 29 30	26 27 28 29 30	30	28 29 30 31

Shaded dates mean classes are not in session.

Registration

You can register online or by mail as soon as you receive this brochure. Registration continues until the beginning of class, but don't leave it to the last minute. YOUR registration could make the difference between having enough to run the class or cancelling due to insufficient registration.

New On-Line Registration

Register on line for all Adult Education Classes and Trips. While you can still complete the registration at the back of this book and send in your check, payment will now be available on line. To visit this secure site, please go to the district web (www.ww-p.org) and visit the pages for Community Education (found under Departments). This link will direct you to the on-line registration.

In-person Registration Will Be Held:

Wednesday, September 23, 6:30-8:30pm WWP High School South Clarksville Road Princeton Junction

*Senior Citizens

Residents of Plainsboro and West Windsor who are 65 years and over will receive a 25% discount for any course that is not preceded by an asterisk (*). Material fees for all courses must be paid in full.

School Closings

If conditions require closing of the WW-P schools, Community Education classes will not be held. If day school classes are held and inclement weather develops, listen to **WKXW** (101.5), or **WPST** (97.5 fm) for information about cancellation of Community Education classes.

Enrollment

West Windsor-Plainsboro Community Education reserves the right to limit the number of students in a class and to cancel a class due to insufficient registration.

All West Windsor-Plainsboro Community Education classes are open to all men and women regardless of race, religion, residence, or citizenship.

Location—Day Guide

Class sites for each class are indicated in bold letters under the title.

MPR —Multi Purpose Room

HS-N — High School North

90 Grovers Mill Road, Plainsboro NJ 08536

HS-S — High School South

346 Clarksville Road, Princeton Jct, NJ 08550

MH — Maurice Hawk School

303 Clarksville Road, Princeton Jct, NJ 08550

DN — Dutch Neck School

392 Village Rd East, Princeton Jct, NJ 08550

WIC — Wicoff School

Plainsboro Road, Plainsboro, NJ 08536

CMS — Community Middle School

55 Grovers Mill Road, Plainsboro NJ 08536

MRS — Millstone River School

75 Grovers Mill Road, Plainsboro NJ 08536

VilS — Village Elementary School

601 New Village Road, Princeton Jct, NJ 08550

GMS — Grover Middle School

10 Southfield Rd Princeton Jct NJ 08550

Smoking:

No smoking permitted inside any school building or on school grounds.

Parking:

No parking in fire lanes or handicapped parking areas.



Tuition

All tuition must be paid at the time of registration. We now accept Visa, Discover, Mastercard and American Express for tuition over \$25.

If a class must be withdrawn due to insufficient registration, you may transfer to any other class that has an opening or all fees will be refunded.

Due to our need to make final commitments to instructors, requests for refunds must be made three working days in advance of the start of class. Tuition will be refunded minus a 10% registration fee.

No tuition will be refunded once the class begins.

Refunds will take 4-6 weeks to process.

WEST WINDSOR-PLAINSBORO BOARD OF EDUCATION

Hemant Marathe, *President* Robert Johnson, *Vice President*

John Farrell Anthony Fleres Todd Hochman Richard Kaye
Alapakkam Manikandan
Randall Tucker
Ellen Walsh

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Larry Shanok, Assistant Superintendent Finance/Board Secretary

David Aderhold, Ed.D. Assistant Superintendent Pupil Services/Planning

Russell Lazovick, Assistant Superintendent Curriculum & Instruction

> Larry LoCastro, Comptroller

Alicia Boyko,
Director Human Resources

Russell Schumacher, Special Assistant for Labor Relations

Gerri Hutner,
Director of Communications

Marci Rubin,
Director Community Education

Melissa Conklin, Program Administrator

Diane Taylor,

Adult Education Coordinator

Barbara Davis, Kindergarten Extension/EDP

Colleen O'Cone Registration/Building Use

> Carol Johnson, Secretary

WEST WINDSOR-PLAINSBORO COMMUNITY EDUCATION EXTENDED DAY PROGRAM

Celebrating our 26th year!
OFFERS QUALITY
SCHOOL-AGE CHILD CARE
BEFORE AND AFTER-SCHOOL
KINDERGARTEN THROUGH 8th GRADE

7-9am 3-6:30pm

- Daily, Half Days and School Holidays and Summer Programs. Available at all Elementary and Middle Schools: Wicoff, Maurice Hawk, Dutch Neck, Village, Town Center, Millstone, Grover Middle Schools.
- Dynamic, Well-planned Programs right at the School Site
- Lowest Possible Cost
- Limited Scholarship Funds Available for Eligible Applicants
 Kindorgerter Future
- Kindergarten Extension is available at Millstone for students attending Kindergarten in the district.

CALL 716-5000 x5024 FOR MORE INFORMATION

Affirmative Action Statement

No student shall be discriminated against in admission to or in obtaining any advantage, privileges, or courses of study of the school by reason of race, color, creed, religion, sex, ancestry, handicap, national origin, social or economic origin. Any student or employee who alleges that there has been an incident of discrimination, should report the allegation, in writing, to:

Affirmative Action Officer WW-P Regional School District PO Box 505 Princeton Junction, NJ 08550 Telephone (609) 716-5000

WW-PCE ADVISORY COUNCIL

Extended Day Program

Diane Anglim Kathy Callery Anita Frazione Dr. Ranjana Madhusudhan Vikas Ohri Bill Probasco Sue Roy Ellen Walsh, BOE Liaison Darlene Yasson

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REGISTRATION FORMS

Mail to WW-PCE, P.O. Box 505, Princeton Junction, NJ 08550

Addressstreet	city		state	zip
Phone			Work	
E-mail address (recommende	ed for confirmation)			
COURSE/TRIP	DAY	TUITION		MATERIALS
		\$	\$_	
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No charges under \$25	SUB-TOTAL	\$	AL \$_	
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West Windsor-Plainsboro Community Education

P.O. Box 505, Princeton Junction, New Jersey 08550

Non-Profit Organization U.S. POSTAGE

Permit No. 149 CHERRY HILL, N.J.

PAID

ECRWSS

FALL 2009

INFORMATION? Call 716-5000 ext. 5034

REGISTRATION: IN PERSON — Wednesday, September 23

www.ww-p.org 6:30-8:30 pm - WWP High School South

RESIDENTIAL CUSTOMER

CLASSES BEGIN IN OCTOBER

REGISTRATION: BY MAIL -- Register early to reserve your place