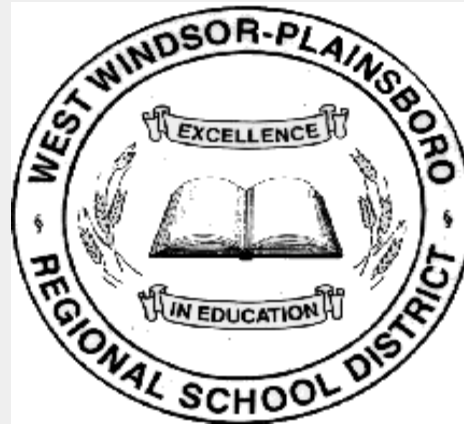



# STUDENT-ATHLETE NIGHT

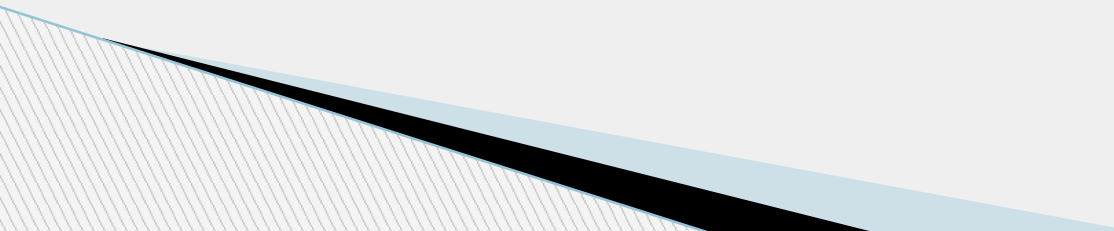


Resources available online on district website ([ww-p.org](http://ww-p.org))  
Under counseling / college planning / ncaa info


# NCAA Division I – 16 Core Courses

- 4 years of English;
  - 3 years of math (Algebra 1 or higher);
  - 2 years of natural or physical science (including one year of lab science if offered by your high school);
  - 1 extra year of English, math, or natural or physical science;
  - 2 years of social science; and
  - 4 years of extra core courses (from any category above, or foreign language, comparative religion or philosophy);
  - Earn a minimum required grade-point average in your core courses; and
  - Earn a combined SAT or ACT sum score that matches your core-course grade-point average and test score sliding scale (for example, a 2.400 core-course grade-point average needs an 860 SAT score).
- 

# NCAA Division I

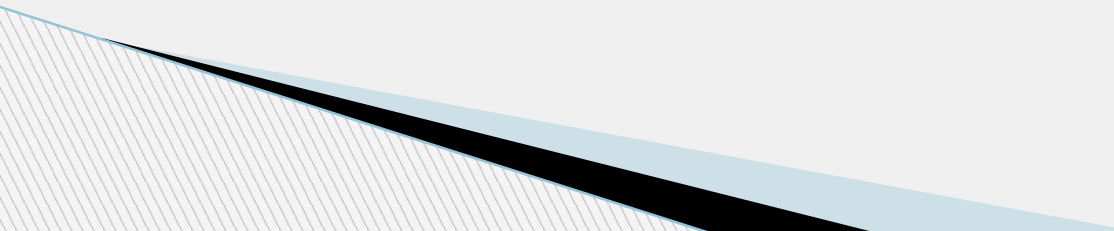
- Complete 16 core courses (same distribution as in the past);
  - Ten of the 16 core courses must be completed before the seventh semester (senior year) of high school.
  - Seven of the 10 core courses must be English, math or science.
  - Have a minimum core-course grade-point average of 2.300;
  - Grades earned in the 10 courses required before the senior year are “locked in” for purposes of grade-point average calculation.
  - A repeat of any of the “locked in” courses will not be used to improve the grade-point average if taken after the seventh semester begins.
  - Meet the competition sliding scale requirement of grade-point average and ACT/SAT score (this is a new scale with increased grade-point average/test score requirements);
- 

# NCAA Division II – 16 Core Courses

- 3 years of English;
  - 2 years of math (Algebra 1 or higher);
  - 2 years of natural or physical science (including one year of lab science if offered by your high school);
  - 3 additional years of English, math, or natural or physical science;
  - 2 years of social science; and
  - 4 years of additional core courses (from any category above, or foreign language, comparative religion or philosophy);
  - Earn a 2.000 grade-point average or better in your core courses; and Earn a combined SAT score of 820 or an ACT sum score of 68.
- 

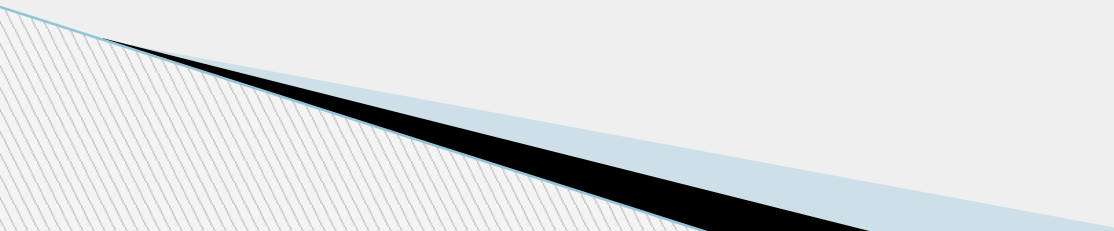
# NCAA Division III

Division III college-bound student-athletes are not certified by the NCAA Eligibility Center because Division III colleges and universities each set their own admissions standards and there are no initial-eligibility requirements in the division. College-bound student-athletes should contact their Division III college or university regarding policies on admission, financial aid and athletics eligibility.



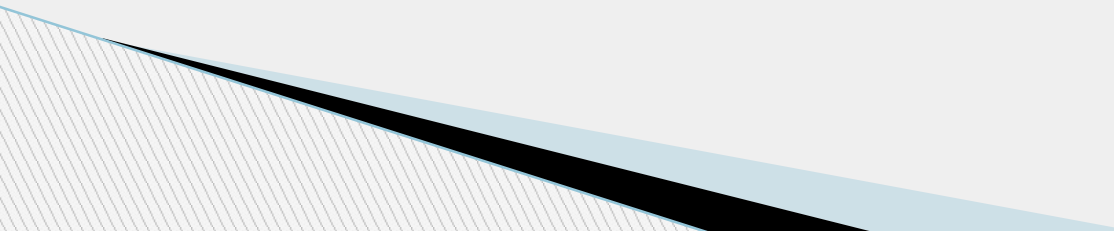
# Students with Education– Impacting Disabilities

A student with an education-impacting disability must meet the same requirements as all other students, but may be provided certain accommodations to help meet those requirements.




# Documenting Your Education– Impacting Disability

You must submit the following documentation to the NCAA Eligibility Center:

- A signed copy of the most recent professional evaluation report, including the diagnostic test results; and
  - A copy of the most recent Individual Education Plan (IEP), Section 504 Plan, Summary of Performance (SOP), or statement of accommodations.
- 

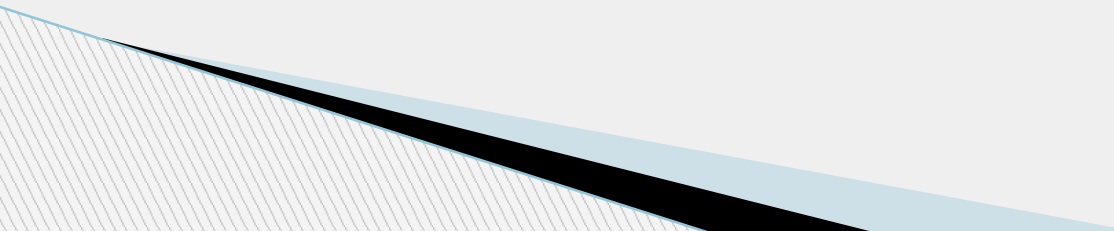
# Division I Accommodations

A student must graduate “on time” [a student must graduate from high school with his or her class within four consecutive academic years (eight semesters) from the start of grade nine] in order to access the following accommodation:

- Use up to three (3) additional approved core courses taken before full-time enrollment in college.
  - Use courses for students with education-impacting disabilities that are designated on the high school’s List of NCAA Courses.
  - May take a nonstandard test to satisfy test-score requirements.
- 

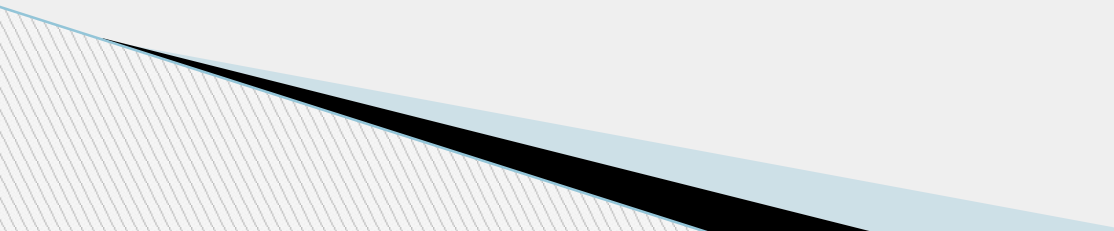


# Division II Accommodations

- Use any approved core courses taken before full-time enrollment in college.
  - Use courses for students with education-impacting disabilities that are designated on the high school's List of NCAA Courses.
  - May take a nonstandard test to satisfy test-score requirements.
- 

# Prospective Student-Athlete


You become a “prospective student-athlete” when you start ninth-grade classes; or Before your ninth-grade year, a college gives you, your relatives or your friends any financial aid or other benefits that the college does not provide to students generally.



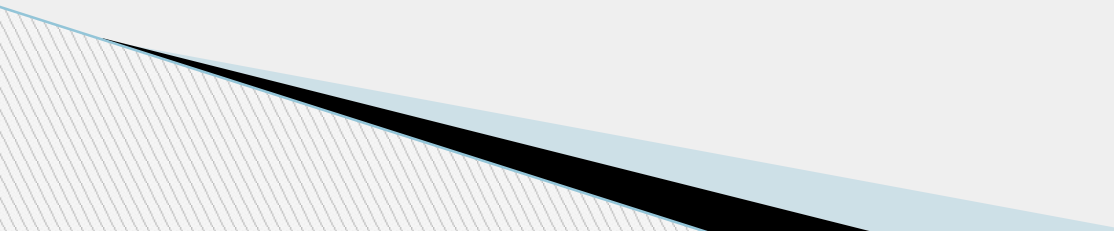
# Probability of Competing Beyond HS

	Men's Basketball	Women's Basketball	Football	Baseball	Men's Ice Hockey	Men's Soccer
High School	535,289	435,885	1,095,993	474,219	35,732	411,757
High School - Senior	152,940	124,539	313,141	135,491	10,209	117,645
NCAA	17,890	16,134	69,643	31,999	3,891	22,987
NCAA - Freshman	5,111	4,610	19,898	9,143	1,112	6,568
NCAA - Senior	3,976	3,585	15,476	7,111	865	5,108
NCAA - Drafted	51	31	253	693	10	37
High School to NCAA	3.3%	3.7%	6.4%	6.7%	10.9%	5.6%
NCAA to Pro	1.3%	0.9%	1.6%	9.7%	1.2%	0.7%
High School to Pro	0.03%	0.02%	0.08%	0.51%	0.10%	0.03%

# Recruiting Realities

- ❑ Limited Scholarships (2% of all HS athletes)
  - ❑ Walk-On Route
  - ❑ Recruiting Pool: Recruiting Services, HS Coaches, Club Coaches, All State/Area Teams, Camps
  - ❑ Letters, Phone Calls, Jr. Day Invites are flattering but do not mean you are being recruited!
  - ❑ Scholarship Offer or Walk-On Invite means you are officially being recruited!
- 

# Prospect Criteria

- Athleticism: Size, Speed, Skills
  - Poise (ability to perform under pressure)
  - Student of the Game
  - Character
  - Persona
  - Grades / Test Scores
  - Family Background
- 

# What do college coaches look for?



What a College Coach Looks for in Recruits

37,722 views • Oct 2, 2014

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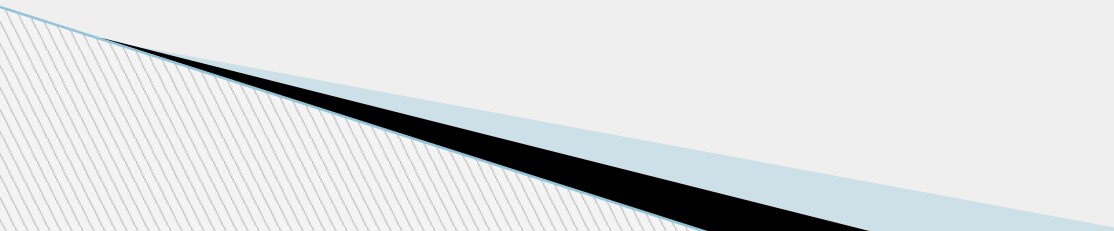
# Be Proactive / Have a Plan

- Talk to Parents, High School Coach, Club Coach, Trainer, School Counselor
  - Academic: Selectiveness, Size, Location, Major, Atmosphere, Academic Support, Internship Programs, Career Opportunities
  - Athletics: Division, Conference, Coaches, Facilities, Style of Play, Graduation Rate
  - Keep Options Open: Division I, II, III
- 

# Recruiting Calendar

**Contact Period:** During this time, a college coach may have in-person contact with you and/or your parents on or off the college's campus. The coach may also watch you play or visit your high school. You and your parents may visit a college campus and the coach may write and telephone you during this period.

**Dead Period:** The college coach may not have any in-person contact with you or your parents at any time in the dead period. The coach may write and telephone you or your parents during this time.

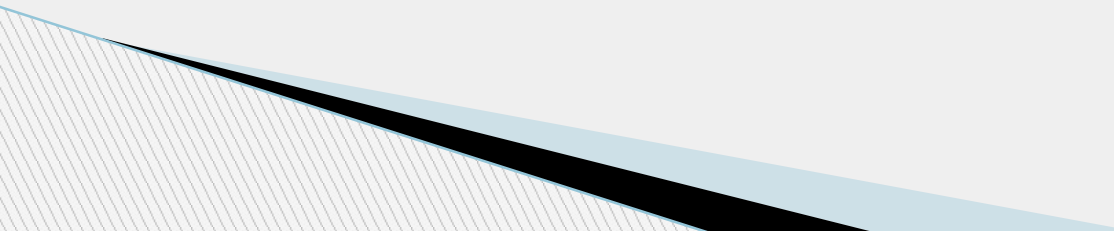




# Recruiting Calendar

**Evaluation Period:** The college coach may watch you play or visit your high school, but cannot have any in-person conversations with you or your parents off the college's campus. You and your parents can visit a college campus during this period. A coach may write and telephone you or your parents during this time.


**Quiet Period:** The college coach may not have any in-person contact with you or your parents off the college's campus. The coach may not watch you play or visit your high school during this period. You and your parents may visit a college campus during this time. A coach may write or telephone you or your parents during this time.



# Un-Official / Official Visits

**Unofficial Visit:** Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletics contest. You may make as many unofficial visits as you like and may take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

**Official Visit:** Any visit to a college campus by you and your parents paid for by the college. The college may pay the following expenses: Your transportation to and from the college; Room and meals (three per day) while you are visiting the college; and Reasonable entertainment expenses, including three complimentary admissions to a home athletics contest.



## NCAA RECRUITING CHART

	DIVISION I MEN'S BASKETBALL	DIVISION I WOMEN'S BASKETBALL	DIVISION I FOOTBALL	DIVISION I OTHER SPORTS	DIVISION II	DIVISION III
Sophomore	<p><b>Recruiting Materials –</b></p> <ul style="list-style-type: none"> <li>June 15 at the conclusion of sophomore year.</li> </ul> <p><b>Telephone Calls –</b></p> <ul style="list-style-type: none"> <li>At institution's discretion beginning June 15 following sophomore year.</li> <li>If PSA's educational institution follows a nontraditional calendar, at institution's discretion beginning day after conclusion of sophomore year.</li> </ul>			<p><b>Women's Ice Hockey:</b></p> <p><b>Telephone Calls –</b></p> <ul style="list-style-type: none"> <li>One call to an international prospect from July 7 through July 31 following her sophomore year.</li> </ul> <p><b>Men's Ice Hockey:</b></p> <p><b>Recruiting Materials –</b></p> <ul style="list-style-type: none"> <li>June 15 following sophomore year (one call per month).</li> </ul>	<p><b>Recruiting Materials –</b></p> <ul style="list-style-type: none"> <li>June 15 immediately preceding the junior year.</li> </ul> <p><b>Telephone Calls –</b></p> <ul style="list-style-type: none"> <li>June 15 immediately preceding junior year.</li> <li>No limit on the number of telephone calls after the first permissible date.</li> </ul> <p><b>Off-Campus Contact –</b></p> <ul style="list-style-type: none"> <li>June 15 immediately preceding junior year.</li> </ul>	<p><b>Recruiting Materials –</b></p> <ul style="list-style-type: none"> <li>Permissible.*</li> </ul> <p><b>Telephone Calls –</b></p> <ul style="list-style-type: none"> <li>Permissible.*</li> </ul> <p>* Permissible freshman and sophomore years.</p>
Junior	<p><b>Off-Campus Contact –</b></p> <ul style="list-style-type: none"> <li>Opening day of classes for PSA's junior year, subject to recruiting calendar.</li> <li>Junior year contacts outside of the April recruiting period may occur only at the PSA's educational institution.</li> <li>Junior year contacts during the April recruiting period may occur at the PSA's educational institution or residence.</li> </ul> <p><b>Official Visit –</b></p> <ul style="list-style-type: none"> <li>January 1 of the junior year.</li> </ul>	<p><b>Recruiting Materials –</b></p> <ul style="list-style-type: none"> <li>September 1.</li> </ul> <p><b>Telephone Calls –</b></p> <ul style="list-style-type: none"> <li>At institution's discretion beginning September 1 of the junior year.</li> </ul> <p><b>Off-Campus Contact –</b></p> <ul style="list-style-type: none"> <li>Opening day of classes for PSA's junior year, subject to recruiting calendar.</li> <li>Junior year contacts may occur only at the PSA's educational institution or residence.</li> </ul> <p><b>Official Visit –</b></p> <ul style="list-style-type: none"> <li>No earlier than the Thursday following the NCAA Division I Women's Basketball Championship game of the PSAs junior year in high school.</li> </ul>	<p><b>Recruiting Materials –</b></p> <ul style="list-style-type: none"> <li>September 1</li> </ul> <p><b>Telephone Calls –</b></p> <ul style="list-style-type: none"> <li>One call between April 15 and May 31.</li> </ul>	<p><b>Recruiting Materials (sports other than Men's Ice Hockey) –</b></p> <p>September 1.</p> <p><b>Telephone Calls –</b></p> <ul style="list-style-type: none"> <li>One call per week beginning July 1 (July 7 in women's ice hockey) following junior year, or opening day of senior year, whichever is earlier, for all sports except men's ice hockey.*</li> <li><b>Men's Ice Hockey:</b> One call per month through July 31 after junior year or, if PSA's educational institution follows a nontraditional calendar, once per month until opening day of classes for senior year.</li> </ul> <p>* Unlimited during contact period for baseball, cross country/track and field, men's lacrosse, women's lacrosse, women's sand volleyball, softball and women's volleyball.</p>		<p><b>Off-Campus Contact –</b></p> <ul style="list-style-type: none"> <li>Following completion of junior year.</li> </ul>

# Social Media? Character?



Character Is Critical To College Coaches During Recruiting

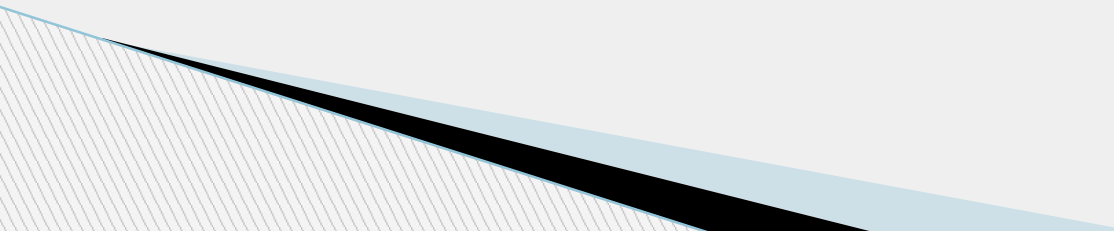
4,071 views • May 4, 2015

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# Self-Marketing

- Create a short highlight film
- Post film on internet (e.g. youtube.com)
- Compile a list of every college in the country that fits your criteria such as size, location, major etc. The NCAA web site is a great place to start:  
<http://web1.ncaa.org/memberLinks/links.jsp>
- Look up each program's recruiting coordinator name and email address via the athletic department web site directory. If an email is not listed, try a people search on the school's regular academic web site.


# Highlight Film

- Only your best plays, starting w/most impressive feats first
  - Film should move quickly – delete unneeded footage
  - No more than 5 minutes long
  - No music or “fluff”
  - Clearly label Name, School, Year etc.
  - Have your coach preview film before sending
  - Have complete game film ready, some coaches want to see more than a scripted highlight film
- 

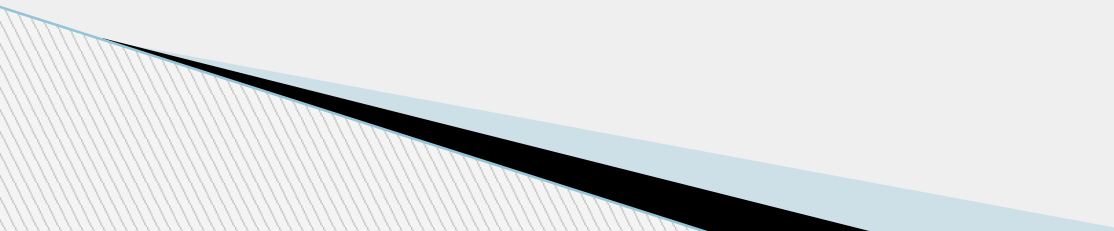
Dear Coach,

My name is Joe Smith and I am a class of 2020 linebacker for WWPRSD in West-Windsor, NJ. I have a strong interest in attending X University and playing for your program. Last season, I was a 1<sup>st</sup> Team All-State, All-Area and All Conference performer with 43 tackles, 4 sacks and 2 interceptions. Season highlights can be found here: [youtube.com/joesmithlinebacker](https://youtube.com/joesmithlinebacker)

In the classroom, I have a 3.6 GPA and 1850 SAT Score (600 Math / 600 Critical Reading / 650 Writing) while taking a challenging college prep and honors curriculum. Thank you for your time and interest, I hope to hear from you soon.

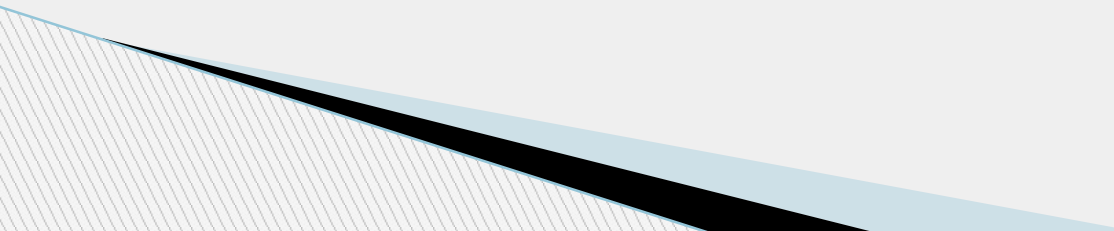


# 9<sup>th</sup> Grade

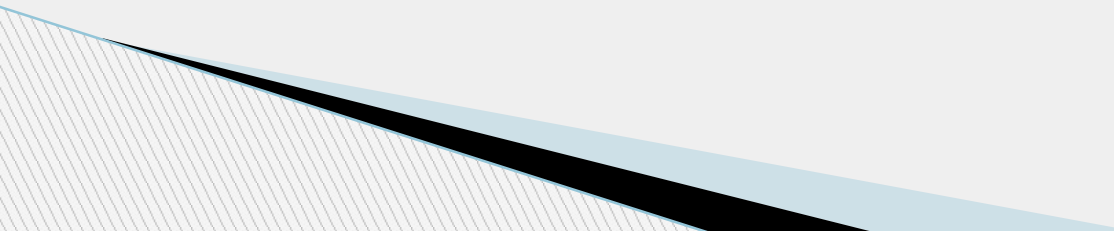
- Understand NCAA Initial Eligibility requirements
  - Talk to your school counselor and develop a four year plan of the courses you need to reach your goals academically and athletically
  - Develop good habits in the classroom and on the field, time management is essential
  - Attend sports camps to increase exposure and begin evaluating your skills versus competition
- 



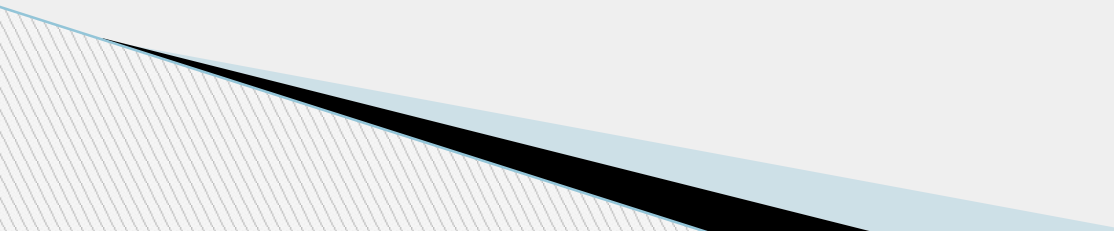
# 10<sup>th</sup> Grade

- Continue taking a challenging curriculum which meets and exceeds NCAA initial eligibility
  - Take the PSAT's to see where you stand
  - Develop a positive relationship with your coaches who will eventually speak with colleges on your behalf; communicate your desire to play at the next level
  - Continue attending camps for exposure to college coaches and to compete with your peers
- 

# 11<sup>th</sup> Grade

- ❑ Continue taking a challenging curriculum which meets and exceeds NCAA initial eligibility
  - ❑ Take PSAT's in fall / SAT or ACT in spring
  - ❑ With the help of your coach and counselor, identify schools of interest – be realistic!
  - ❑ Build your resume and begin self marketing
  - ❑ Make un-official visits, take campus tours
  - ❑ Continue attending camps for exposure to college coaches and to compete with your peers
- 

# 12<sup>th</sup> Grade

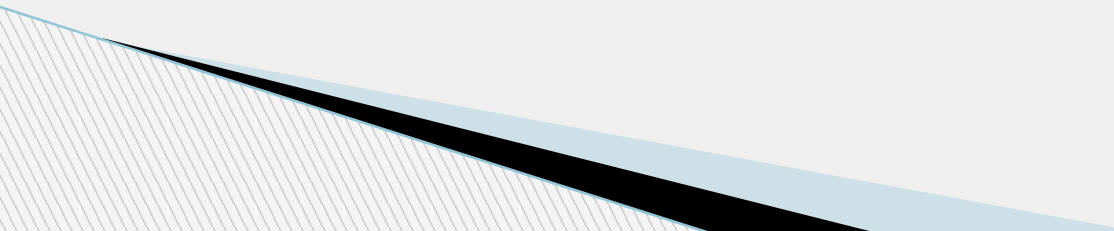
- Register with NCAA eligibility center
  - Continue taking a challenging curriculum which meets and exceeds NCAA initial eligibility
  - Take SAT or ACT in the fall
  - Continue refining schools of interest with the help of your coach and counselor
  - Make official campus visits
  - Find the “right” college fit!
- 

# Questions to Ask?

- ❑ Do you have a full-time academic advisor for athletes? Do they help with scheduling?
- ❑ Are there tutors available? Study hall?
- ❑ How many classes do your athletes miss a year?
- ❑ What percentage of your players graduate?
- ❑ If a fifth year is needed, will you fund it?
- ❑ Does my high school coach feel that I can play at this level? How soon might I have a chance to play?
- ❑ Do my skills fit the programs style of play?
- ❑ If my athletic career ended tomorrow, would I be comfortable spending the next 4 years here?

# Verbal Commitment

This phrase is used to describe a college-bound student-athlete's commitment to a school before he or she signs (or is able to sign) a National Letter of Intent. A college-bound student-athlete can announce a verbal commitment at any time. While verbal commitments have become very popular for both college-bound student-athletes and coaches, this "commitment" is NOT binding on either the college-bound student-athlete or the school. Only the signing of the National Letter of Intent accompanied by a financial aid agreement is binding on both parties.



# Resources

[www.eligibilitycenter.org](http://www.eligibilitycenter.org)

[www.ncaa.org](http://www.ncaa.org)

Sport Specific Coaches Association

e.g. <http://www.lacrossecoaches.org/>

