

Join Girls on the Run this spring!



Millstone River School
Tuesdays & Wednesdays
3:30-4:45pm
beginning April 2nd

Season cost is \$199 (+5K fee)
Financial assistance is available
Program registration is
first come, first served
Season runs thru early June

Girls on the Run is a nonprofit youth development program for girls in 3rd-8th grade that uses running as a tool to promote physical, social, and emotional growth. We teach life skills through dynamic interactive lessons and running games. The program culminates with the girls being physically and emotionally prepared to complete a 5K run, held on June 2. Join us!



To register, visit girlsontherunnj.org

Questions? Email Program Director
anne@girlsontherunnj.org

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