

# **FUN Parent session - November 14th, 6.30pm**

## **Millstone River School**

This is a 60 minute session, run on the same day as the student assemblies. Because it is presented in such a humorous way, it is a great opportunity for parents to get involved. This FUN session is split into three parts:

### **F How to be a FABULOUS parent**

Parents can only give out of who they are. Life is tough sometimes! So firstly, the session invests into the parents own happiness. They are **FABULOUS!**

Takeaways include: *How to be happier in ourselves and our relationships, understanding love languages and how to balance the busyness of life with what's most important. None of us can get enough encouragement!*

### **U How to be an UNDERSTANDING parent**

So many problems stem from misunderstanding each other. This part helps us **UNDERSTAND** and see the gold in each other. It explains the four personality types in every home.

Takeaways include: *Improved communication between parents and children, understanding how they and their children work and what each needs, improved behavioral and educational results that remove family frustrations.*

### **N How to move forwards into something NEW!**

A happy family is one that is able to respect each other with healthy boundaries.

Takeaways include: *How to create healthy boundaries, how to parent multi media, and how to set NEW goals and dreams for ourselves, family and school.*

The amazing session is hosted by world class motivational speaker, ventriloquist and author, Marc Griffiths, a father of five who knows how difficult it is to balance family and work. He was a finalist on 'Britain's Got Talent' and has won multiple awards, including best specialized act in Wales and Young Entrepreneur for Wales. He is a lot of FUN!



**This program is sponsored by Millstone River School PTA**

For more information or questions

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