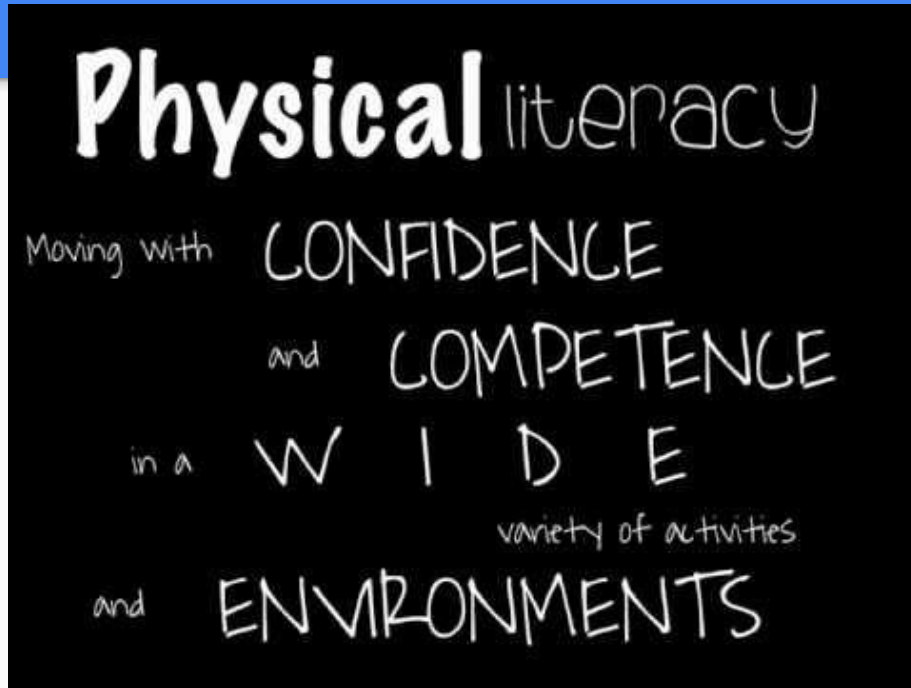


Health, Physical Education and Driver's Ed Program Review

Internal Committee Report

Whole Child, Every Child, Global Child

Health/PE and the Whole Child



Why children and young people need regular Physical Education, School Sport & Physical Activity



FACT 1: ACHIEVEMENT

Pupils improve in all subjects



FACT 2: PERSONAL DEVELOPMENT

Pupils are more confident & positive



FACT 3: SOCIAL SKILLS

Pupils have more developed social skills



FACT 4: HEALTH & EMOTIONAL WELL-BEING

Pupils have a better outlook on life



FACT 5: LEADERSHIP

Pupils will be able to make informed decisions

Internal Committee Members



The internal committee was comprised of representatives from administration as well as Health/PE teachers, nurses and Student Assistant Counselors from all 10 district buildings

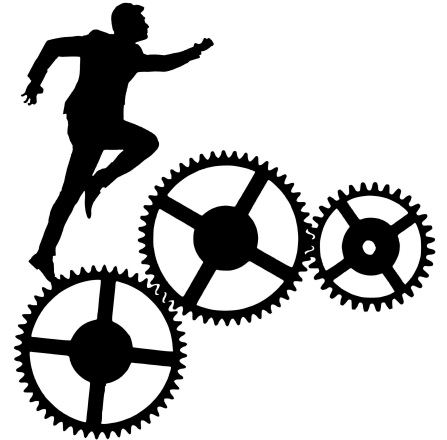
Internal Committee Subcommittees

- K-5 Health and PE
- 6-8 PE and Health Cycle Programs
- 9-12 Health and PE



Internal Team Process

- Identification of strengths & weaknesses of all programs
- Solicitation of faculty input
- Creation of areas of strength and recommendations
- Internal report delivered to Curriculum Committee



Strengths of the Current Program

Communication:

- Addition of dedicated supervisor has increased communication at district and building levels

Curriculum:

- Current Curriculum addresses the Social, Emotional, and Physical needs of our students
- Allows for vertical articulation between all grade levels and meets the developmental needs of our students

Facilities:

- Variety of indoor and outdoor spaces for instructional use.
- Dedicated health rooms at the secondary levels
- Middle School and High Schools have weight rooms for class use
- Each High school has an Adventure Course, Swimming Pool, Tennis Courts

Strengths of the Current Program

Materials and Budget

- Dedicated budget for the purchase of equipment and supplies at each building
- Purchasing based on needs of the staff and students within building
- Flexibility with purchasing larger items when warranted

Staffing/Scheduling

- Students receive Physical Education at least 2 times per week at Elementary- Middle levels, 3 days at the High school level
- Health Education taught at grade 5-12 by a certified Health Teacher
- Secondary level classes are scheduled in “like” grade level pairs or triplets

Strengths of the Current Program

Professional Development

- Teachers receive funds for Professional Development through WWPEA agreement
- Bi-Annual Lifeguard, CPR/AED recertification at the High School level
- Bi- Annual CPR/AED recertification at Elementary- Middle level

Technology

- All PE spaces have access to AV equipment for classes
- Plat4m weight lifting program purchased at the highschool level
- Health Teachers trained in District 1-1 Chromebook initiative

Summary of Recommendations

Communication

- Efforts should be made to raise awareness of the impact that a Comprehensive Health and Physical Education Program can have on the development of the “Whole Child”
 - Working with PTA/PTSA on the vision of the department
 - Presenting to parents at Program of Studies Nights

Curriculum

- Curriculum should be updated to reflect revised NJCCCS for Health and PE, SHAPE America Standards, as well as NJ Model Curriculum
 - Updated State Standards to be release in July 2020
- Curriculum should include opportunities for student choice and lifelong fitness model/activities (having students select their levels or a modified elective PE program)

Summary of Recommendations

Facilities

- Evaluate instructional and storage space in all buildings.
- Create a schedule to maintain instructional spaces
- Consider “off periods” when maintenance and repairs can be made

Materials, Equipment and Budget

- Evaluate budget amounts to ensure they reflect increased enrollment and cost of materials.
- Ensure budget equity between schools.
- Allocate funds for cycle of repair and maintenance of the Adventure Courses

Summary of Recommendations

Professional Development

- Use in-district meeting and PD Days for PE and Health-specific professional development

Staffing/Scheduling

- Examine possible impacts of reinstating K-4 Health Education
- Schedule “like” grade levels at the same time

Technology

- Ensure all instructional space includes up-to-date and appropriate technological resources while increasing teacher knowledge and access to emerging technologies.

Appreciation

On behalf of the Health and Physical Education Department I would like to thank the Board of Education and District Administration for their ongoing support and opportunity to undertake this review.

