



## Vaping 2020

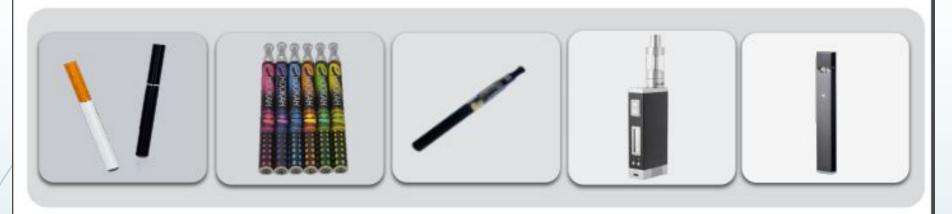
Malissa Arnold, Prevention Educator

Vaping over view-

https://www.youtube.com/watch?time\_continue=6
&v=9dZS\_Rniak0

Mocking Juul's Methodshttps://www.youtube.com/watch?v=2POq39ce\_5l

## **E-Cigarettes & Vape Pens Generations**



#### Cig-a-Like

E-cigarettes came onto the market around 2007.

Most delivered nicotine and were disposable.

#### **Variations**

Variations on the first ecigarettes included products like ehookah and rechargeable versions.

#### Vape Pens

These have batteries that can reach higher temperatures, have refillable eliquid cartridges, and allow users to regulate the frequency of inhalations.

#### Mods

Large size,
modifiable ecigarettes allow
for more
aerosol,
nicotine, and
other chemicals
to be breathed
into the lungs, at
a faster rate.

#### **Pod-Based**

These ecigarettes are shaped like USBs and contain pods with higher amounts of nicotine than previous generations.



Tobacco Prevention Toolkit
Division of Adolescent Medicine, Stanford University
For more information go to: www.tobaccopreventiontoolkit.stanford.edu

## What are they?

- ■ENDS- Electronic Nicotine Delivery System
- ► WHAT IS VAPOR??
- Developed in China
- Originally for cessation- Ramifications STILL linger today

### Concerns overall

- Nicotine content! And Nicotine Salts
- Marketing/Stealth- New PRODUCTS
- → Healthier does not = Healthy
- ► Flavoring- lots of changing legislation
- "Jailbreaking"- Very easy to "hack" or experiment with
- Substances that have been used and are emerging

# The MOST current concerns EVALI- This summer to today (As February 11, 2020)

- Steep decline since September 2019
- Over 2,758 lung injury cases from all states and 3 US districts/Territories. 64 deaths in 28 states
- As of January 14, 2020, NJ had their first death in August, there are 59 confirmed EVALI cases and 49 Probable, with 11 under investigation, ages 14-75
- There are still many unknowns- but things that have come to light
- THC products with thickeners such as vitamin E oil or other oil products
- AFTER/BLACKMARKET products-
- Over 152 different brands identified as used by patients

### **EVALI** Product correlations

BRANDS - Dank Vapes, a class of largely counterfeit THC-containing products of unknown origin, was the most commonly reported product brand used by patients nationwide ...in the Northeast and South, TKO and Smart Cart in West and Rove in the Midwest.

## And about Marijuana??

- Identifying
- ■CBD vs. THC
- **►THC concentrations-** 60s and NOW
- Dabbing

### Common "Pushback"

- It's just water vapor
- Smokers who vape vs. youth who vape
- Nicotine-free juices
- The U.K. uses vaping as part of cessation programs
- THC only pods
- JUUL company
- Vaping sponsorships and competitions
- Vaping flavors

## **Emerging dangers**

- ■Poison control- Nicotine ingestion
- Alcohol can be used in it-BAC
- Explosions
- **→**Pieces
- **■**Stroke
- ■THC Hyperemesis
- ■Glucan- Microbial Toxin- found in e-cigs, but recently proven to be in JUUL too

#### **MISINFORMATION**

## STOP SMOKING & START VAPING



#### **SMOKING VS VAPING**



More than a third of the U.S. population are cigarette smokers



Smoking related illnesses are for every 1 of 5 deaths in the U.S.



Smoking is known to cause damage to every organ in your body



Nearly 70% of smoker's report they to quit during want to quit to lead a healthier lifestyle





Vaping is tobacco-free and completely odorless



Less harmful chemicals and toxins are used in e-cigarettes



From zero milligrams upwards, you control your own intake



Almost 3 quarters of users felt fitter after switching from smoking to vaping



Despite this.

42% say

they've tried

the past year

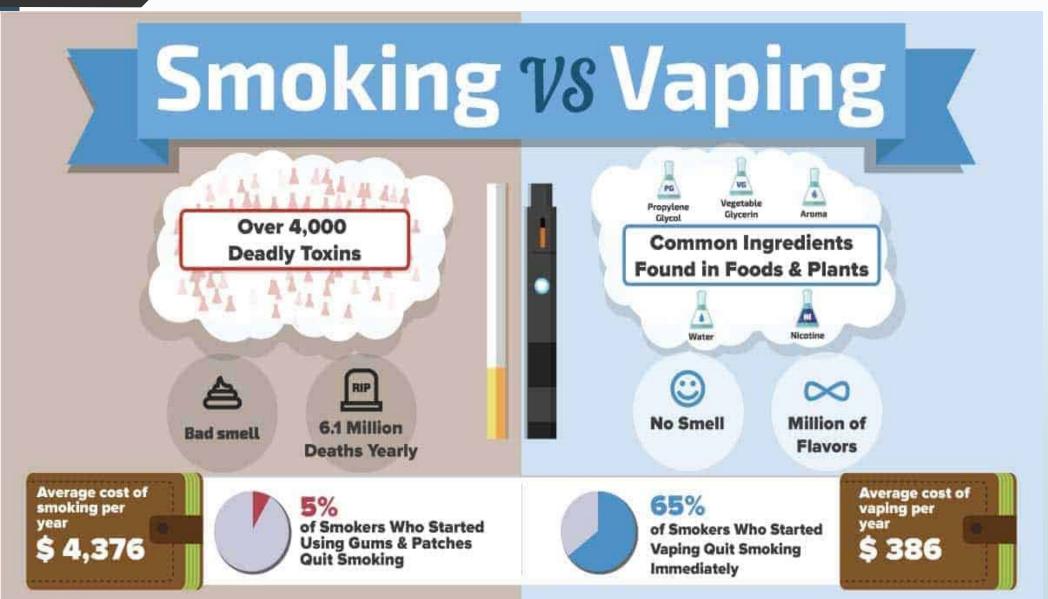
without

success

Almost a quarter were medically assessed as being in better condition after switching

Safer does not mean SAFE, healthier does not mean **HEALTHY** 

#### **MORE MISINFORMATION**



While many advocates tout the fact that food safe ingredients are used in vaping solutions, these products have NOT been approved for the pressure and heat of vaping, and have resulted in many of the issues.

## If they don't believe the Science, Show them the MONEY!

 Show them the MONEY (Investments and advertising)

History of the tobacco industry's

deception



## Ways to help

- Follow the money, ask questions, and observe
- ■21 to buy Tobacco Products NATIONALLY
- ► Flavor Ban- State and Federal
- ■NJ Quit Center- 833-795-QUIT (7848)
- Our schools! Teachers, SACs, Peer to peer, changes in punishment cycles
- Proposed school policy changes
- Aspire and Treatment vs Suspension

#### INCOR RUPTI BLE.US

Incorruptible.us is a new campaign that informs young people about the dangers of vaping and nicotine. It uses bold graphics and clear language to emphasize that vaping is just Big Tobacco's new way to get them addicted to nicotine products. Media includes videos, promotional items, social media properties, and a website. The site is informational and interactive, inviting users to share and create anti-vaping memos and messages.

- mcorruptible.Us
- Facebook
- O Instagram
- Youtube

Visit our website to see and share more <u>Support Messages</u>.









#### Help us troit (lig Tobacco.





Use Jincorruptibleus on Instagram to spread the word.



#### Incorruptible.us