

HOW TO APOLOGIZE:



- "I'm sorry for..."

Wrong: "I'm sorry for being mean."

Right: "I'm sorry for saying nobody should play with you."

- "This is wrong *because*..."

Wrong: "This is wrong because I got caught."

Right: "This is wrong because it made you feel bad about yourself and hurt your feelings."

- "In the future, I will..."

Wrong: "In the future, I won't say that again."

Right: "In the future, I will keep unkind words to myself."

Wrong: "In the future, I won't push you."

Right: "In the future, I will keep my hands to myself."

- "Will you forgive me?"